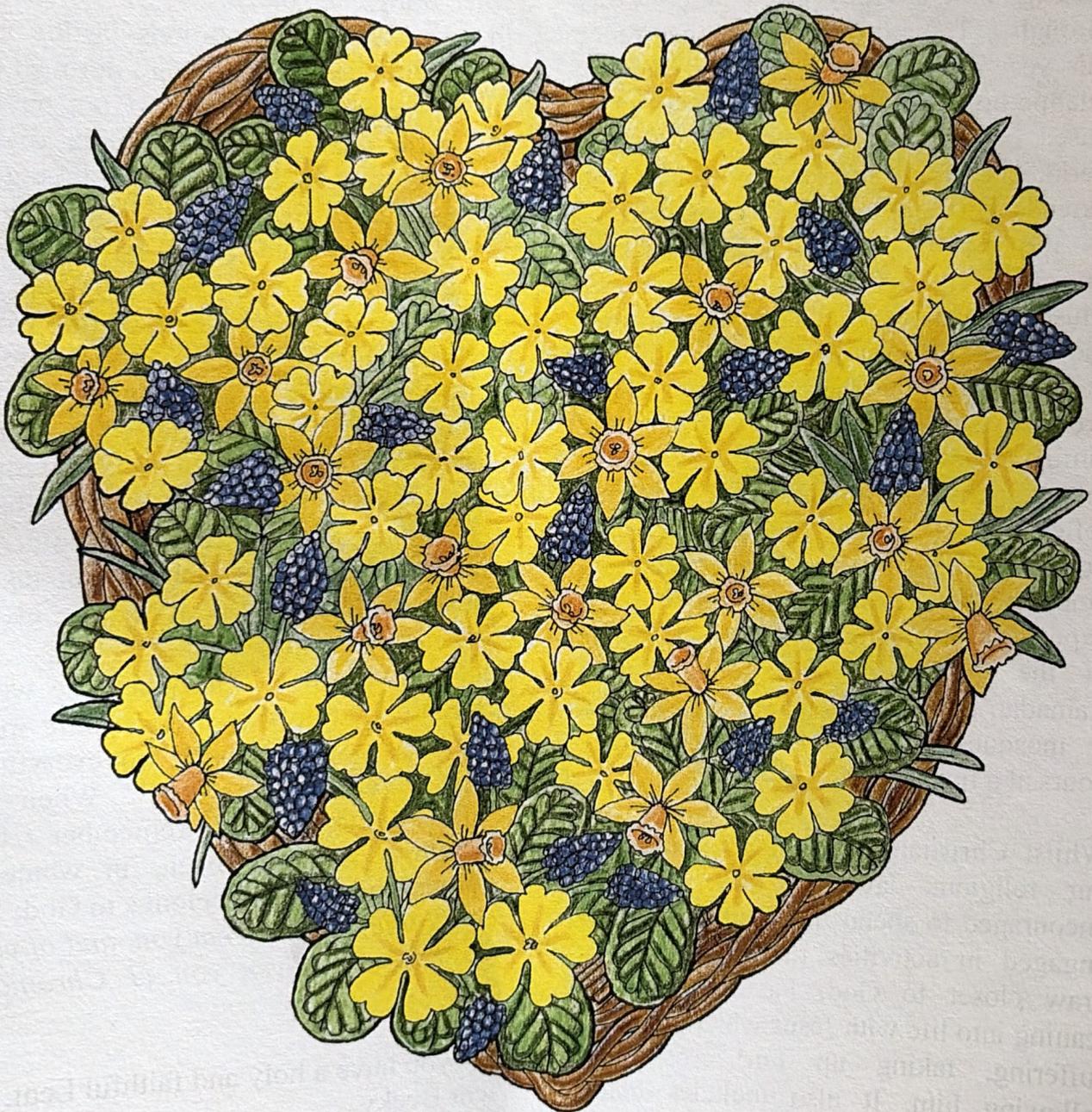


March
2026



THANK YOU



Suggested donation **50p**

From the Vicar.....

Dear Friends,

This year Ash Wednesday occurred on the 18th February, which means that Lent has begun at its earliest since 2018 (and how different the world was in 2018 than now). The knock-on implication of this early date is that we celebrate Easter at the beginning of April rather than midway through. The other unusual occurrence this year is that Lent coincides with the Islamic holy month of Ramadan which is based on the lunar cycle. The fasting period is from sunrise to sunset and extends to longer and longer time periods as the month goes on. As well as observing the 5 daily prayer times, Muslim's that are fit and healthy and over the age of 14, abstain from all food and drink between sunrise and sunset. They are also to avoid bad habits, gossip and sinful behaviour, focusing instead of prayer, charity (zakat) and spiritual reflection. The fasting time is designed to promote self-discipline, gratitude and empathy for the less fortunate. It's expected that Muslims will read the whole of the Qu'ran at least once during Ramadan and will attend special services in mosques where it is read for many hours at a time.

Whilst Christians are not compelled by our religious laws to fast, we are encouraged to spend the 40 days of Lent engaged in activities that will help us draw closer to God. Fasting is about leaning into life with Jesus which includes suffering, taking up our cross and following him. It also includes being

around the table at the Last Supper and the wedding at Cana in John chapter 1.

We will only recognise the sacrificial nature of suffering if we also feast with Jesus, and we will only appreciate the feast if we also fast with him. Sundays in Lent are always feast days, a good reminder that God's kingdom breaks in when things feel bleak.

In some Christian traditions fasting will mean an entire menu change during Lent such as the orthodox rule of not having any meat, fish, eggs, vegetable oil or wine. In other church traditions taking on something is encouraged for example reading the whole Bible in 40 days, attending a Lenten study group or attending special services like the World Day of Prayer on March 6th or Stations of the Cross. I know of Christian colleagues who take on a gratitude diary, 'what am I most thankful/grateful for today'. Others who commit to taking on a new eco-habit or taking on a new volunteering challenge. Lent is as much about taking positive things on, as it is for giving things up.

Finally, living in a time when the world constantly requires us to consume more and more, we might forget that everything we receive is from God. When we recognise this, we remember that everything we give back, in whatever form we give, already belongs to God:

For all things come from you, and of your own have we given you (1 Chronicles 29:14).

May you have a holy and faithful Lent,
Vicar Becky

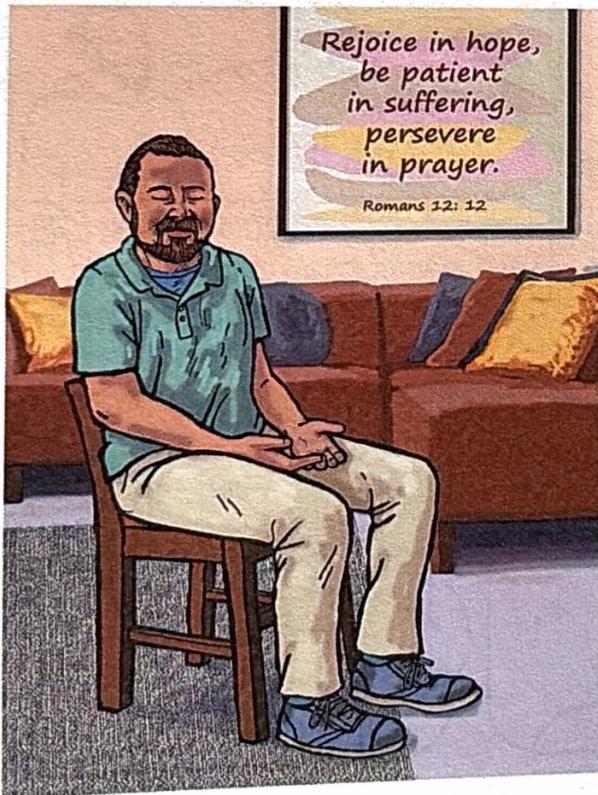
Truth Encounter

(Luke 4:1-14, John 17:17, James 4:7)

Led by the Spirit
And tempted by the devil
He wandered in the wilderness,
Hungry
And focussed on God,
And the truth and power of His Word.
Truth and power enough
To resist His enemy and ours.
To go on - armed with the Spirit -
To give His life,
To give us life.

A lesson in tactics then:
Know the truth,
Submit to God,
Resist the devil
And our wildernesses will blossom.
We will bear fruit,
Fruit to be known by
As His.

By *Daphne Kitching*



Tuesday Group

In February, still without a Leader, we struggled through our AGM with only 8 members able to attend. Carole very kindly offered to do the Minutes on this occasion and has also agreed to be our speaker on 10th March with the interesting subject "Fire, Flood and Plague: the joys of teaching!" This replaces the talk I mentioned at the AGM. It will take place in the church hall at 1.30pm and I do hope as many members as possible will support her.

Diana



STOP PRESS –SAVE THE DATE

Saturday June 20th – Foundation Day in conjunction with Sale Festival Celebrating the innovation and ingenuity of Victorian inventors.

A group of students from Manchester University will be joining us too and providing a history trail and exhibits.

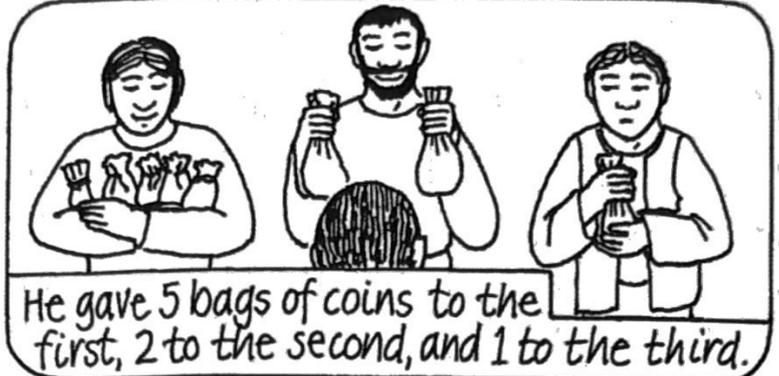
Bible Bite

A short story from the Bible

It can be read in the Bible in
Matthew 25: 14-30

Jesus told a story to help his disciples
to be ready for the end of time. 'A
rich man was about to go on a journey...'

He gave his servants money
to look after, depending on
what they could do.

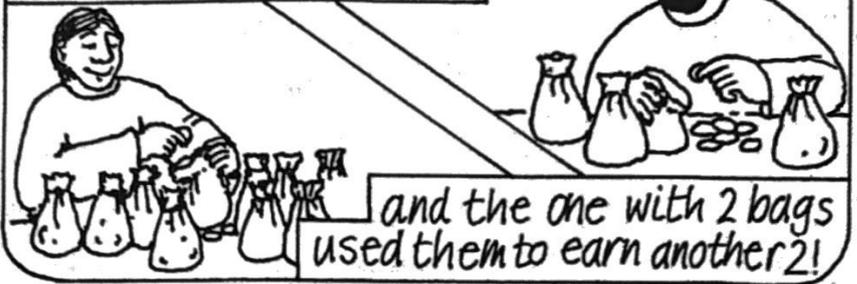


He gave 5 bags of coins to the
first, 2 to the second, and 1 to the third.

As soon as he had gone,
the first two servants
started to work.



The one with 5 bags of coins
used them to earn 5 more,



and the one with 2 bags
used them to earn another 2!

The third servant dug a
hole and buried his bag.



When
the master
came back,
he called
his
servants
to him...



The first two showed him they
had doubled his money, and he
was very happy with them.



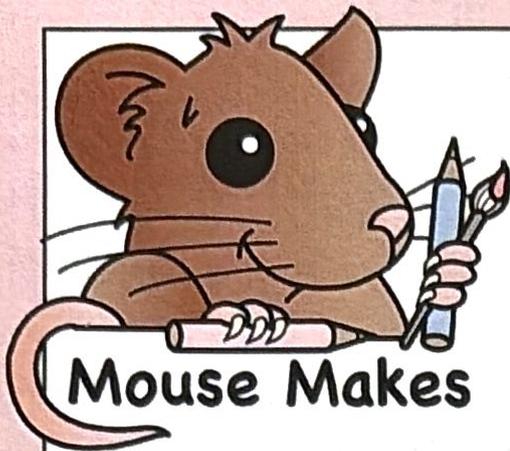
You are a hard man
who expects us to work. I
was afraid so I just hid it.



If you knew what I
expected, why didn't
you do it?



Get out of here!



The Bible has many stories of mothers who had great faith in God. With their love, care, encouragement and prayers their children grew up to be great people of God.



Who saved her baby by putting him in a basket in the river?

Exodus 2:1-3 and 6:20

Who was 90 years old when she had her son Isaac?
Genesis 17:19



Whose prayers for a child were answered by God?
1 Samuel 1:20

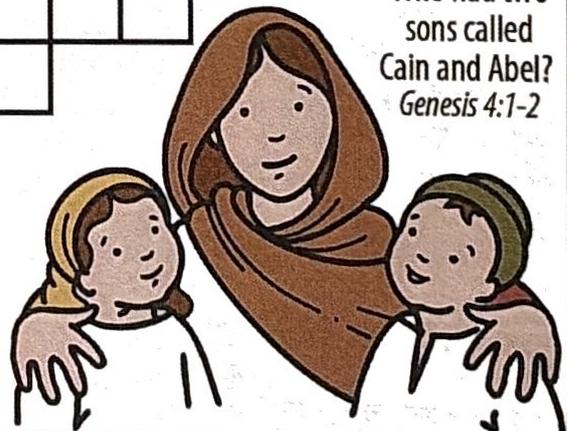
Who had two sons called Cain and Abel?
Genesis 4:1-2

Across

- 3. **Obed's** mother
Matthew 1:5
- 4. **John's** mother
Luke 1:57-60
- 7. **Reuben's** mother
Genesis 29:32
- 8. **Joseph's** mother
Genesis 30:22-24
- 9. **Jesus'** mother
Acts 1:14

Down

- 1. **Boaz's** mother
Matthew 1:5
- 2. **Solomon's** mother
1 Kings 1:11
- 4. **Timothy's** mother
2 Timothy 1:5
- 5. **Ishmael's** mother
Genesis 16:15
- 6. **Jacob and Esau's** mother
Genesis 25:21-26



Answer the questions then put them into the crossword

Mar26 © deborah noble • parishpump.co.uk

Experience Easter 2026

Tuesday March 24th

Could you help with this year's Experience Easter workshops for primary school-age children? We need at least 6 volunteers per session to help tell the story of Holy Week and Easter. Story-telling areas are set up around the church building and small groups of children, usually 6 at a time move around the story-telling areas and learn about what happened during Holy Week.

Children invited to join in with the story by participating in an activity and reflecting on part of the story. You will be provided with a story script and the activity information. Teachers and teaching assistants will be on hand too.

I also need help with setting up beforehand after service on Sunday 22nd March – if anyone is feeling particularly creative?

Many thanks

Vicar Becky



WORLD DAY OF PRAYER
A service for everyone!
Friday 6 March
I will give you rest, come
Service starts 2pm

Nigeria 2026

The
Avenue Methodist Church
Wincham Rd,
Sale,
M33 4PL

Everyone is welcome

Enquiries: joantanner43@icloud.com

INFORMED PRAYER PRAYERFUL ACTION
24-7 365 Days a year Prayer movement Ecumenical International Women-led
wwdp.org.uk

Don't forget it's the World Day of Prayer on Friday 6th March.

This year the service comes from the women of Nigeria and is being hosted by the Avenue Methodist Church.

It's International Women's Day on Sunday March 8th and we are delighted that later on in the month on March 25th, our first female Archbishop of Canterbury, the Rt Revd Dame Sarah Mullally will be installed marking the start of her public ministry.



St Paul's Church
Springfield Road, Sale, M33 7YA



Holy Week & Easter Services 2026

Sunday 29th March Palm Sunday

10am with Procession & Blessing of Palm Crosses -
please gather in the Church Hall for the start of the service
6pm Evening Prayer



Maundy Thursday 2nd April

7.30pm Commemoration of the Last Supper,
foot-washing, communion and vigil.



Good Friday 3rd April

2-3pm The Last Hour - a *service of reading, music and reflection.*



Holy Saturday 4th April

8-9pm Easter Vigil with renewal of baptism vows.
Please note part of this service will take place outdoors.



Easter Sunday 5th April

10am Sung Communion
6pm Taize prayer stations



For more information please take a look at our webpage: <https://stpaulsale.co.uk> or phone 0161 9620082 or email: officestpaulsale@gmail.com

Reflecting Faith: 'Togetherness'

Last month we began our Lenten journey with ashes on Ash Wednesday, reminding us of our beginning and our ending; soon we will conclude that time with Christ's resurrection on Easter Sunday.

Such a relatively short time for so great a distance. I'm reminded of this by the opening words used in Church of England services at the Palm Sunday services:

Dear brothers and sisters in Christ, during Lent we have been preparing by works of love and self-sacrifice for the celebration of our Lord's death and resurrection. Today we come together to begin this solemn celebration in union with the Church throughout the world. Christ enters His own city to complete His work as our Saviour, to suffer, to die, and to rise again. Let us go with Him in faith and love, so that, united with Him in His sufferings, we may share His risen life.

It's all about togetherness. Together as a small group of people in that one church where we worship. Together with 'the' Church across all denominations and throughout the world. Together with Christ Himself.

It's one of the reasons that we process on Palm Sunday. Ideally it will be a joyful and noisy procession with banners and rejoicing – reminding us of Jesus' entry into Jerusalem as much as into our own lives.

This month

It's in this joy wherein lies the contrast with our solemn and silent procession on Good Friday. We need them both. One on its own doesn't tell the full story. Just like a play on Good Friday without its follow-up on Easter Sunday leaves you hanging.

We all know that social media tends to only show happy occasions but that underneath all those meals and holidays and smiling faces there can be great heartaches and sorrows.

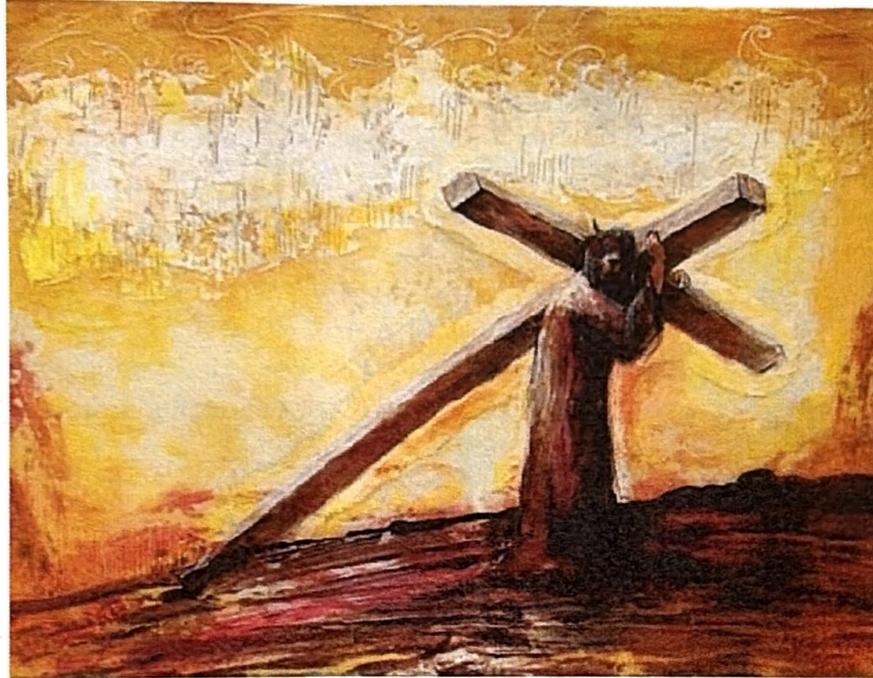
It's the togetherness of both of those emotions where the true depth of joy is to be found and not on the surfaces.

How do we greet Christ anew on Resurrection Sunday without the devastating loss of Good Friday, or that long week travelling in and out of the city walls? May you find real joy in togetherness this Eastertide!



St Paul's Church, Sale

Stations of the Cross



7.30pm—8.30pm
Thursday 26th February
Thursday 12th March
Thursday 26th March

A series of meditations, prayer and song as we journey around the church following the Stations of the Cross.

For more information please contact Becky on 07584604627
or email: revbmathewstpaulsale@gmail.com

Debt Awareness Week 2026 – 16th to 22nd March

Everybody seems to be in debt these days, from households across the UK, right up to the public sector.

Our household debt is a burden to us. As of April 2024, the total debt per household (including mortgages) averaged £65,143. Many households struggle with ‘problem debt’, ominously relying more and more on credit cards and payday loans to simply meet essential living expenses. This bleak situation, often called a ‘debt trap’, can ruin lives.

At the same time, our national public debt is at record levels and rising. According to Goldman Sachs, it now stands at 101% of GDP. At the end of 2024, our national debt was the third highest of European countries. And high interest rates and inflation have only increased the cost of servicing this enormous debt, which in turn puts pressure on public finances.

While the government struggles, hundreds of thousands of households are seeking personal help. Debt advice charities like StepChange, Citizens Advice and CAP (Christians Against Poverty) have reported a record-high demand for help. The strain of living with unmanageable debt can affect your mental health, reduce your productivity, and increase your reliance on public services.

So this year’s Debt Awareness Week will encourage people to not be ashamed of their debt, but instead to seek free, confidential, and professional advice on dealing with it.

More info at:

CAP - <https://capuk.org>

Citizens Advice - <https://www.citizensadvice.org.uk>

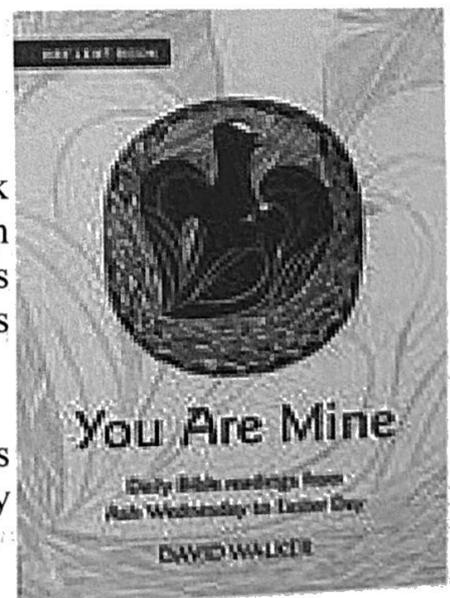
StepChange - <https://www.stepchange.org/debt-awareness-week.aspx>

You Are Mine: Daily Bible Readings from Ash Wednesday to Easter Day

By David Walker, BRF, £8.99

How do we belong to God and with Jesus? This book explores different aspects of human belonging through the medium of Scripture and story, in order to help us recognise the different ways in which we are God’s beloved.

And we come to recognise ourselves and our own lives in the narrative of God’s engagement with humanity and His creation.





Earth Hour 2026 – a time to turn off your lights

The Earth Hour 2026 takes place on Saturday 28th March, when at 8.30pm in their local time millions of people worldwide will turn off their non-essential lights for one hour.

Organised by the World Wildlife Fund (WWF), the 20th anniversary of this global initiative will aim to raise awareness of the earth's climate crisis, and to encourage environmental action through sustainable, actionable lifestyle changes.

The first Earth Hour was held in Sydney, Australia, on 31st March 2007, and has since become a global movement. The 2025/26 theme is 'Giving an Hour for Earth' is encouraging people to adapt sustainable habits in their daily lives.

And while our lights are off for an hour, Earth Hour will encourage us to spend the time in nature, or stargazing, or engaging in environmental, educational, or sustainable activities.

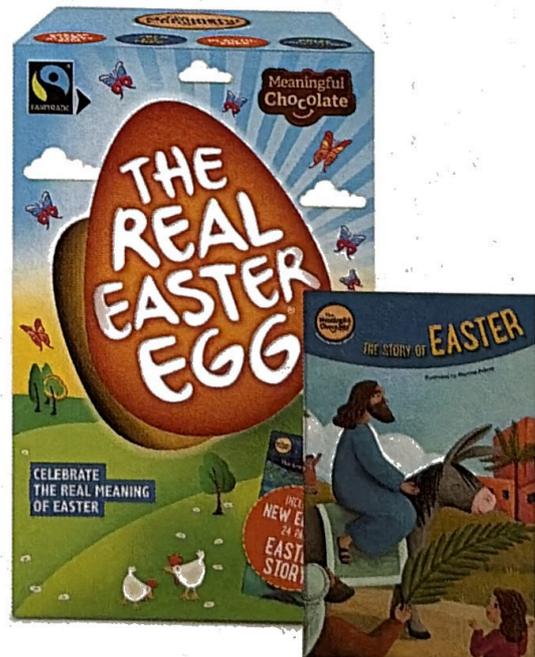
More info at: <https://www.earthhour.org>

Share the Easter story – with an Egg

Out of the 80 million Easter eggs sold in the UK, The Real Easter Egg is the only one which has a copy of the Easter story in the box, is made of Fairtrade chocolate and which supports charitable projects.

There are six types of eggs to choose from. Each Real Easter Egg comes with an Easter story in the box, the stories range from simple guides to 24-page activity book versions. So, buy a 2026 edition Real Easter Egg this spring and encourage others to give one to their loved ones, a school or sponsor a food bank donation.

The 2026 Real Easter Egg will not be available in any supermarkets, but the full range can be ordered at www.realeasteregg.co.uk or by calling 01925 877004.



STALLHOLDERS WANTED!

St. Paul's Church, Sale

**TABLE TOP
SALE**



**SATURDAY 21ST MARCH
10AM - 1PM**

**Contact:
officestpaulsale@gmail.com**

St Paul's
Springfield Rd, Sale

Babes & Tots
preschool group in
the Church Hall
9.30-11am
every Tues in
term-time.



No booking required-pay as
you play- please bring cash.
Brew & biscuits for grown-ups, toast,
fruit & drink for little ones included.
Play, craft, outdoor area and sing-
along!

Contact Becky for more info
07584604627 or join our
Facebook group: St Pauls Babes &
Tots group



St Paul's Church, Sale M337YA



New Doors

We are really pleased to say that our new Hall front doors were fitted last month.

The Parochial Church Council were keen to put into place safeguarding recommendations following the Southport stabbings incident in 2024.

Having reviewed our risk assessments, we decided to undertake several improvements to our buildings.

As well as replacing the front doors, we have also updated the church alarm system and replaced church keys with keycards that help with monitoring access.

Welcome to Jack from Background Coffee

Have you spotted Sale's new secret coffee shop here in St Paul's church gardens? Fairtrade and ethically sourced, sustainable and with a supply chain that is completely traceable.

Please do say hi to Jack and pass the word on.



wiggie worship

at St. Paul's Sale

What?

Sunday School for 0-7 year-olds and monthly All-Age Worship.

When?

Sundays at 10am (Sunday school is term-time only).

Where?

Sunday school: St. Paul's church hall (meet in church in the children's area).

All-age worship: in church.

I can't wait to see you!



No Wiggle Worship	January	February	March	April
1st Sunday	School holidays	Sunday school	Sunday school	School holidays
2nd Sunday	All-Age Wiggle Worship	All-Age Wiggle Worship	All-Age Wiggle Worship	All-Age Wiggle Worship
3rd Sunday	Sunday school	School holidays	Sunday school	Sunday school
4th Sunday	Sunday school	School holidays	Sunday school	Sunday school
5th Sunday			School holidays	

For more information, ask for Laura or speak to a member of the clergy.

What is the Church's Electoral Roll and should I join?

It is your parish church's register of electors. In the same way that being on the civic Electoral Roll allows you to vote in parliamentary and local elections and referenda, joining our Church Electoral Roll means that you can vote on Church matters.

Do I have to join?

You can, of course, be a full and active member of St Paul's Church without joining the roll.

Being on the Electoral Roll does not entail signing up to any additional commitments, however, it does help the St Paul's show its strength. Also Representation on the governing bodies of the Church of England depends on the number on the Electoral Roll.

Joining the Roll is compulsory if you wish to:

- ♦ Stand for election to the PCC or other synodical council (such as the Deanery, Diocesan or General Synod)
- ♦ Attend the APCM and participate in the voting.

Who can be included on the Electoral Roll?

To be entitled to be included on the Electoral Roll, a lay person must have: been baptised, and attained their sixteenth birthday on or before the date of the annual parochial church meeting, and submitted a signed application form for enrolment, and must be one of the following

- a) a member of the Church of England, or of a Church in communion with the Church of England, and resident in the parish; *or*

- b) a member of the Church of England and, not being resident in the parish, to have habitually attended public worship in the parish during a period of six months prior to enrolment; *or*
- c) a member in good standing of a Church which subscribes to the doctrine of the Holy Trinity (not being a Church in communion with the Church of England) and also prepared to declare themselves to be a member of the Church of England having habitually attended public worship in the parish during a period of six months prior to enrolment.



The Electoral Roll is fully renewed every 6 years (everyone needs to reapply). The current cycle started April 2025. You can check if your name is on the current Electoral Roll by asking the Electoral Roll Officer – Mrs Yvonne Stevenson.

Electoral Roll forms are available from Yvonne or can be located in the filing drawers at the back of church. They should be submitted back to Yvonne at church – you can leave forms with members of clergy and pastoral workers.

Joining the electoral roll is also a statement of active and ongoing support for the church. This may mean different things for different people, but includes getting involved in the purpose we share across the parish of “serving God and the community”.

"Have you a computer problem?

If so, I am local and here to help..."

Here are just a few of the services I can offer

- Virus removal and health checks
- Internet & Email set up
- New computer installations
- Upgrades & repairs
- Help and advice on how to get the best out of your computer
- Back up & data recovery
- Training & support
- Laptop & computer repairs
- I can supply computers & laptops at very competitive prices and include data transfer, full set up & full guidance

Quite simply my aim is to provide an effective, quick, reliable and friendly service without unnecessary charges

I CAN SUPPLY COMPUTERS & LAPTOPS AT VERY COMPETITIVE PRICES & INCLUDE SET UP, DATA TRANSFER & GUIDANCE

DO GIVE ME A CALL NOW OR AT ANY TIME IN THE FUTURE. I AM HERE TO HELP YOU WITH ANY TECHNOLOGY PROBLEM, HOWEVER BIG OR SMALL.

STOP PRESS!!! Microsoft have now removed support for all Windows XP systems, which could affect the security of your software. If you are using XP, do give me a call for FREE & independent advice.

"Your service is very good, it is good to know someone is available to help & understands we are not all experts."

G Singer, Sale

"It has been a pleasure dealing with you & the service I have received is second to none."

Vivian, Sale



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**Who's Who?
Members of the Parochial
Church Council (not mentioned
on the back page)**

Joyce Green 973-0396
Eileen Craven 283-7668
Jean Law 962-6761
Joe & Laura Jackson
Lisa Clarke
Vicky Moore
Gill Etherington



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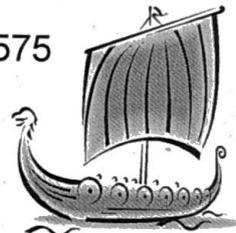


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15 Ashton Lane
Sale

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07846 79655

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request



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Trafford Funeral Homes**

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a local company

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Tel: 0161-973-1515

ASHBROOKS

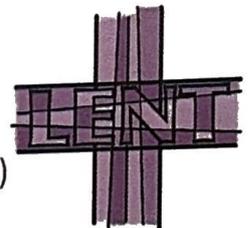
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16-20 Washway Road, Sale
Telephone: 0161-973-3406



March 2026

1 st March	Sunday	10.00am	Parish Eucharist
Lent 2		6.00pm	Taize Evening Prayer
3 rd March	Tuesday	9.30am	Babes & Tots
4 th March	Wednesday	10.00am	Communion Service (CW)
6 th March	Friday	1.30pm	Community Choir
		2.00pm	World Day of Prayer
			The Avenue Methodist Church
8 th March	Sunday	10.00am	All Age Worship
Lent 3		6.00pm	Holy Communion
10 th March	Tuesday	9.30am	Babes & Tots
		1.30pm	Tuesday Group
11 th March	Wednesday	10.00am	Communion Service (BCP)
		7.30pm	PCC Meeting
12 th March	Thursday	7.30pm	Stations of the Cross
13 th March	Friday	1.30pm	Community Choir
15 th March	Sunday	10.00am	Parish Eucharist
Lent 4—Mothering Sunday		6.00pm	Evening Prayer
			Deadline for the April Parish News
17 th March	Tuesday	9.30am	Babes & Tots
18 th March	Wednesday	10.00am	Communion Service (BCP)
19 th March	Friday	1.30pm	Community Choir
21 st March	Saturday	10.00am	Table Top Sale in the Hall—see page 12
22 nd March	Sunday	10.00am	Parish Eucharist
Lent 5—Passion Sunday		6.00pm	Evening Prayer
24 th March	Tuesday	9.30am	Babes & Tots
25 th March	Wednesday	10.00am	Communion Service (BCP)
26 th March	Thursday	7.30pm	Stations of the Cross
27 th March	Friday	1.30pm	Community Choir
29 th March	Sunday	10.00am	Parish Eucharist with the Procession of Palms— <i>we start in the church hall</i>
Lent 6—Palm Sunday			
<i>Holy Week begins</i>		6.00pm	Evening Prayer
31 st March	Tuesday	9.30am	Babes & Tots



The Love that gives love

Jesus Christ, the love that gives love,
 You are higher than the highest star;
 You are deeper than the deepest sea;
 You cherish us as Your own family;
 You embrace us as Your own spouse;
 You rule over us as Your own subjects;
 You welcome us as Your dearest friend.
 Let all the world worship You.

By Hildegard of Bingen 1098 – 1179



The free phone-line Daily Hope continues to be a source of inspiration for many who cannot get to church:

0800 804 8044
DailyHOPE
 A free phone line of hymns, reflections and prayers

Before me

Before me be Thou a smooth way,
 Above me be Thou a star-guide,
 Behind me be Thou keen-eyed,
 For this day, this night, and for aye.

I weary and heavy am driv'n,
 Lead me on to the angels' place;
 'Twere time now I went for a space
 To Christ's court and the peace of heav'n;

If only Thou, God of life, give
 Smooth peace for me, at my back near,
 Be as star, as helmsman to steer,
 From smooth rest till rising I live.

From Poems of the Western Highlanders

Next Month— April 2026

2 nd April	Maundy Thursday	7.30pm	Commemoration of the Last Supper Foot Washing, Communion and Vigil
3 rd April	Good Friday	2.00pm	The Last Hour
4 th April	Easter Eve	8.00pm	Easter Vigil with Renewal of Baptism Vows
5 th April	Easter Sunday	10.00am	Easter Eucharist
		6.00pm	Taize Evening Prayer

Please check the weekly pew sheets for any service changes that may occur.
 Don't forget—email any articles for the Parish News to the Parish Office email address—

officestpaulsale@gmail.com

St. Paul's Parish Directory

Vicar:	*	Revd. Becky Mathew	0161 217-8795/ 07584604627 revbmathewstpaulsale@gmail.com
Associate Ministers:	*	Revd. Dr Lisa Redfern	
	*	Revd. Dr Margaret Jones	973-7790
	*	Revd. Shemil Mathew	0161 2178795
Churchwardens:	*	Yvonne Stevenson	07946 644214
		Vacant	
Pastoral Workers:	*	Yvonne Kerridge	962-4066
	*	Karen Salisbury	07854 171308
Treasurer to the PCC:	*	Joe Blaney	treasurerstpaulsale@gmail.com
Secretary to the PCC:	*	Karen Salisbury	07854 171308
Director of Music:		Anne Allen	01925-763103
Assistant Organist:		Kevin Drury	962-7963
Safeguarding Officer	*	Fiona Vaughan-Thomas	safeguardingstpaulsale@gmail.com
Church Hall Bookings:		Vicky Moore	officestpaulsale@gmail.com
Parish Giving Officer		Brian Kerridge	962-4066
Electoral Roll Officer:	*	Yvonne Stevenson	07946 644214
Parish News Editor:	*	Karen Salisbury	07854 171308
Eco Church Champion	*	Vicky Moore	vicky.moore@hotmail.co.uk
Bible Reading Fellowship: *		Rachel Lee	973-1282 / 07710 717444
Women's Tuesday Group:			
St. Paul's Babes & Tots			
Tower Warden:		Ian Moore	0787-670-6834
Christian Aid:		Anita Evans	973-4679
Children's Society Rep:		Joyce Green	973-0396
Wiggle Worship	*	Laura Jackson	TBC
4th Sale Central (St. Paul's) Rainbows, Brownies & Guides		Vicky Williams	0798-652-5898

Parish Office (Unmanned)

962-0082

Parish Office e-mail

officestpaulsale@gmail.com

*Names above marked with * are members of the Parochial Church Council.
Please note that **Vicar Becky** is part-time so might not reply or respond immediately
to your calls and emails. Please leave an answerphone message.
Notices for the weekly pew-sheet please contact Revd Becky*

Parish Organisations affiliated to St Paul's

The following groups meet in St Paul's Church Hall unless otherwise stated.

Tuesday	9.30am-11am	St. Paul's Babes & Tots (school term time)
	1.15pm	Tuesday Group (2 nd of every month)
	6.15pm	4 th Sale Central (St. Paul's) Brownies
	7.30pm	4 th Sale Central (St. Paul's) Guides
Friday	1.30pm-2.30pm	Community Choir (school term time)
	5.30pm	2 nd Sale Central Rainbows