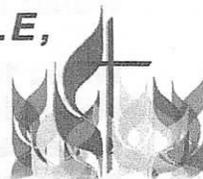


**PARISH OF ST PAUL'S, SALE,
PRAYER DIARY**

MARCH 2026



Thank you for using this Prayer Diary. Each week we suggest a prayer of Meditation to focus on as we start our prayers. Please also pray the thanksgiving prayer, for particular events or organisations, for the streets and for the World. On pages 3 and 4 there are some further prayers to use.

Week: 2 – 8 March

Meditation: 'I was glad when they said to me, 'Let us go to the house of the Lord!'' (*Psalm 122.1*)

Thanksgiving: For our church building and our freedom to worship in a sacred space.

We pray for:

The worship and witness of our Parish
Other churches in Bowdon Deanery
The Clergy, Readers and church officers in our Deanery
Our Bishops

Streets: Cherry Court, Langdale Road, Springfield Road.

World: The worldwide Anglican Communion.

Week: 9 – 15 March

Meditation: 'And his mother treasured all these things in her heart.' (*Luke 2:51*)

Thanksgiving: For the love and nurture of parents.

We pray for:

Our families and those close to us
Those who have recently been bereaved
Wiggle Worship
Our PCC Meeting



Streets: Claremont Road, Leicester Road, St. David's Close

World: The ongoing conflict in Ukraine.

Week: 16 - 22 March

Meditation: 'You will show me the way of life; in your presence is the fullness of joy and in your right hand are pleasures for evermore.' (*Psalms 16.10*)

Thanksgiving: For God's Word in Holy Scripture.

We pray for:

The work of the Bible Society and Scripture Union
Churches Together in Sale
Eco-Church
Tuesday Group

Streets: Colville Grove, Linley Road, St James Drive

World: For countries where Christians are still facing persecution.

Week: 23 – 30 March

Meditation: 'Gracious Father, you gave up your Son out of love for the world: lead us to ponder the mysteries of his passion, that we may know eternal peace through the shedding of our Saviour's blood.' (*Collect for Passion-tide*)

Thanksgiving: For the sacrificial love of Jesus.

We pray for:

Springfield School's Year 2 pupils as they 'Experience Easter'
Those sharing in Stations of the Cross
Our Pastoral Care Team
Babes and Tots

Streets: Cross Street, Linton Road, Stanley Mount



World: Interfaith Relationships.

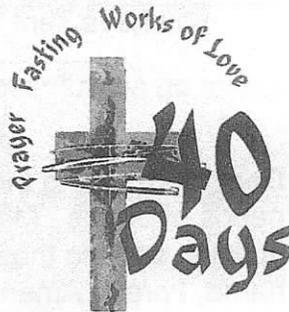


Other prayers for Lent

The Fast Life

Fast from judging others;
 Feast on Christ dwelling in them.
 Fast from fear of illness;
 Feast on the healing power of God.
 Fast from words that pollute;
 Feast on speech that purifies.
 Fast from discontent;
 Feast on gratitude.
 Fast from anger;
 Feast on patience.
 Fast from pessimism;
 Feast on hope.
 Fast from negatives;
 Feast on encouragement.
 Fast from bitterness;
 Feast on forgiveness.
 Fast from self-concern;
 Feast on compassion.
 Fast from suspicion;
 Feast on truth.
 Fast from gossip;
 Feast on purposeful silence.
 Fast from problems that overwhelm;
 Feast on prayer that sustains.
 Fast from anxiety; Feast on faith.

Author Unknown



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Forgive those things I have done  
 which have caused you sadness,  
 and those things I should have done  
 that would have brought you joy.  
 In both I have failed myself and you.  
 Bring me back to that place where my journey began,  
 when I said that I would follow the way that you first trod.  
 Lead me to the Cross and meet me there.

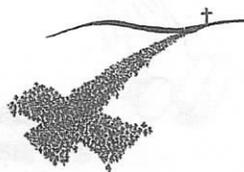
Joyful praise in Lent?

I'm not sure I always feel that.

I ask you to help me prepare to understand  
and embrace the paschal mystery in my  
life.

I don't always see the beauty and mystery of this season  
and often I run from the pain.

Help me to see how your saving grace  
and your loving touch in my life  
can fill me with joyful praise of the salvation  
you have sent to me.



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Prayer for Compassion

Dear God, during this Lenten season, open my heart to the
needs of others. May I reflect your love and compassion in my
actions, serving those who are suffering or in need. In Jesus'
name, I pray. Amen.

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I am no longer my own, but thine,  
put me to what thou wilt,  
rank me with whom thou wilt;  
put me to doing: put me to suffering:  
let me be employed for thee,  
or laid aside for thee:  
let me be full: let me be empty:  
let me have all things:  
let me have nothing:

I freely and heartily yield all things  
to thy pleasure and disposal.

And now, O glorious and blessed God,  
Father, Son and Holy Spirit,  
thou art mine and I am thine.

So be it.

And the covenant which I have made on  
earth let it be ratified in heaven.

*John Wesley's Covenant Prayer*

