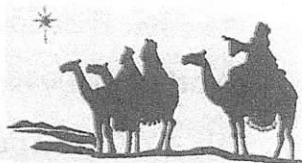


**PARISH OF ST PAUL'S, SALE
PRAYER DIARY**

JANUARY 2026



Thank you for using this Prayer Diary. Each week we suggest a prayer of Meditation to focus on as we start our prayers. Please also pray the thanksgiving prayer, for particular events or organisations, for the streets and for the World.
On pages 3 and 4 there are some further prayers to use.

Week: 29 December – 4 January

Meditation: Lord, you have been our dwelling place in all generations. So teach us to count our days that we may gain a wise heart. *Psalm 90.1 and 12*

Thanksgiving: For light and warmth during the cold days of winter.

We pray for:

All returning to work this week
Patients and staff in local hospitals
Those who are vulnerable and lonely

Streets: Britannia Road, Granary Way, Roebuck Gardens.

World: For refugees and asylum seekers, especially those living in our local area.

Week: 5 – 11 January

Meditation: There is a season for everything and a time for every activity under heaven. *Ecclesiastes 3.1*

Thanksgiving: For friends and being able to keep in touch with them.

We pray for:

Our bishops, Mark, Sam and Julie
Those training for ministry
Children, staff and governors in our local schools



Streets: Broadoaks Road, Haddon Grove, Roebuck Lane.

World: All those living in areas of conflict.

Week: 12 - 18 January

Meditation: Now faith is the guarantee of things hoped for, the proof of things not seen. *Hebrews 11.1*

Thanksgiving: For acts of kindness.

We pray for:

Bowdon Deanery
Churches Together in Sale
Local shopkeepers
Babes and Tots

Streets: Brogden Grove, Hampden Road, Roselands Avenue.

World: That people may take seriously the threat of global warming.

Week: 19 - 25 January

Meditation: The truth is this: whoever sows sparingly will also reap sparingly; while the one who sows liberally will also reap liberally. *2 Corinthians 9.6*

Thanksgiving: For generosity.

We pray for:

Local Councillors
Food Banks, Night Shelters, Hostels and
Soup Kitchens
Those in our community seeking employment



Streets: Brogden Terrace, Harley Road, Sale Heys Road.

World: Those countries recovering from natural disasters.

Week: 26 January - 1 February

Meditation: Once you choose hope, anything's possible.
Christopher Reeve

Thanksgiving: For people who listen to us without judging us.

We pray for:

Kids Rock

Sunday School

Uniformed organisations that meet in the hall

Streets: Bryndale Grove, Holly Drive, School Road.

World: Peace in our troubled world.



Other Prayers for the New Year

When the carols have been stilled,
When the star-topped tree is taken down,
When family and friends are gone home,
When we are back to our schedules,
The work of Christmas begins:
To welcome the refugee,
To heal a broken planet,
To feed the hungry,
To build bridges of trust, not walls of fear,
To share our gifts,
To seek justice and peace for all people,
To bring Christ's light to the world.

—Michael Dougherty

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Father, in your Son you brought us new life.  
So, in this new year we give our new beginning to you.  
Grant us, new life, new love, new dedication to your way, that  
through the days to come we may, by your grace, grow closer  
to you.

Almighty God,  
In Christ you make all things new;  
Transform the poverty of our nature by the riches of your grace  
And in the renewal of our lives  
Make known your heavenly glory;  
Through Jesus Christ your Son our Lord, who is alive  
and reigns with you in the unity of the Holy Spirit, one  
God, now and forever. Amen.



Dear God,  
Give me the courage to begin again — to overlook the difficulties, to overcome the obstacles and to stay open to the moment as best I can. Help me be patient enough to know it takes time to start over, and wise enough to ask for help from friends and family when I need it. As I look to the future, may I reflect on the past and remember the lessons it's taught me. And God, may I always look to you for strength and guidance.  
—Abbey Caskets

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God, when I feel lost or uncertain, fill my heart with hope. Remind me that You are with me, even in the waiting. Help me trust Your plan and believe that better days are ahead. In Jesus' name. Amen.

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From where we are  
To where you need us,  
JESUS, NOW LEAD ON  
From the security of what we know  
To the adventure of what you will reveal,  
JESUS, NOW LEAD ON  
To refashion the fabric of this world  
Until it resembles the shape of your Kingdom  
JESUS NOW LEAD ON  
Because good things have been prepared  
For those who love God,  
JESUS NOW LEAD ON

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O God of all hope and peace, we bring to you the needs of our broken and hurting world.
We pray for an end to violence and warfare so that the challenging work of rebuilding may begin.
Help us, O Lord, to affirm our common humanity so that in our differences we may build together for justice and peace.
In Jesus Christ, our Lord. Amen.