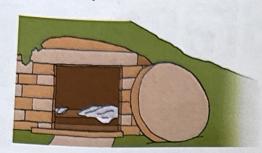
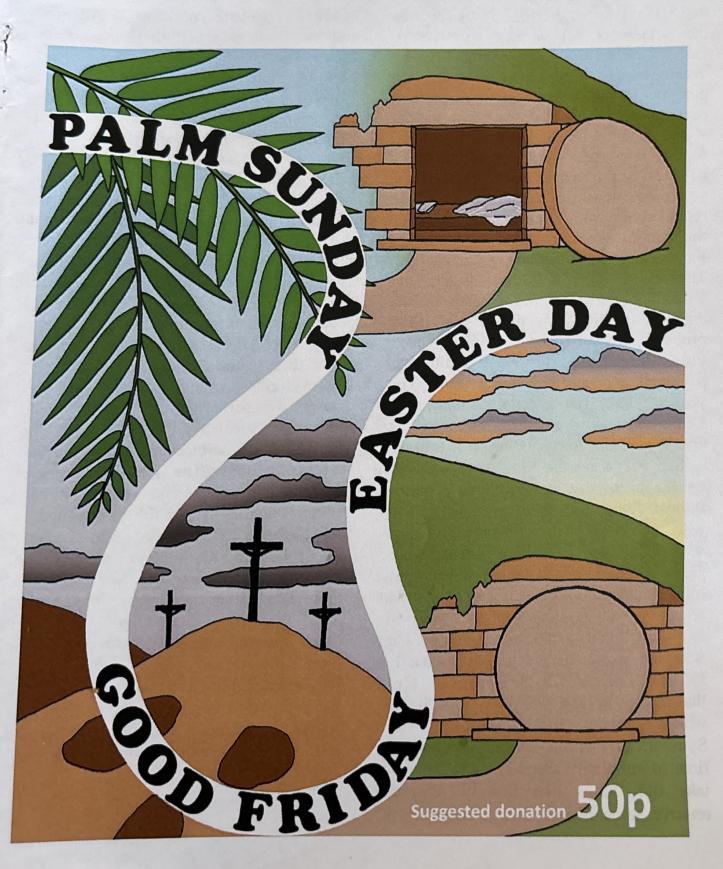
www.stpaulsale.co.uk

Sale, St. Paul's

'Serving God and the community'

March 2024





From the Vicarage....

Dear Friends,

We're midway through Lent already, midway though the 40 days of this season, that reflects for us the time Jesus spent in I wonder how you're the wilderness. getting on with your chosen Lenten discipline- many folks give up a food, a particular drink or spending time fasting, perhaps you've taken something on instead - like donating an item a day to the local food-bank or taken the opportunity to go on a retreat. At the back of church there are the year programmes for Foxhill our Diocesan retreat centre which offers a safe space in the countryside surrounded by woodland for you to spend some time with God.

The Bible tells us that during wilderness phase of Jesus' ministry he was engaged in an intense period of spiritual preparation. Lent is for many Christians, a time of preparation, to time give ourselves a mental and spiritual spring clean. This year we have run a congregational wide Lent group, taking place across our Sunday and Wednesday services, using a resource called 'Preparing the Way' which focuses on the birth, life and death of John the Baptist. Like Jesus, John spent time in the wilderness, using that time to reflect on what he already knew about God and where God was leading him next. The simplicity of the wilderness with its focus on survival reminded both Jesus and John of what was really important in their lives. John grew up with the words of the prophecy that his father had received at the time of his birth, that he was to be the messenger of the one who was to come, God's own Son.

Symbolically within the church Lent is a time of simplicity and solemnity when we take out things like flowers. We also remove some of our liturgy including the Gloria and any reference to 'Alleluia' in the hope of enabling us to focus on Jesus' ministry and suffering. Last year we coloured in the letters of the word 'Alleluia' and hid them in a box to be opened at Easter. The 'Alleluia' was then hung at the back of church next to the font for the season of Easter to remind us of what we had gained through Jesus' death and resurrection, for 'He was risen'.

This year we will be running an event called 'Experience Easter' the beginning the 18th March which is a series of prayer stations depicting the events of the Holy Week. As you move from one prayer station to another, the story of Easter is revealed through symbolic actions and story-telling. We have a local school interested in participating and I hope we can encourage visitors to simply spend some time in the church, perhaps hearing and exploring for the first time the story of Easter or perhaps we might remind ourselves, especially if we can't make to the Holy Week services the week after due to school holidays. The Holy Week services are incredibly special and we are fortunate in being able to offer a full programme of activities that week, thank you to everyone who volunteers their time to get everything ready from musicians to welcomers to those that set up and prepare the church, those that make the admin happen and those that find themselves watering-can in hand.

Let's continue to encourage one another as we journey through this wilderness time together, praying as we go that we may be guided to a place of hope, revitalisation and refreshment.

Yours in faith, Becky

Community Choir

The choir has had several new people joining over the last twelve months with a regular number of people from around It's lovely to see people with different abilities joining in and having a good sing-song and making new friends. It shows St Paul's outreach into the community in a good light. A big thank you must go out to the pianists who give their time to play for us each Friday and choose the music for us, which ranges from 1940's, pop and musicals, they also do themes for special occasions such as Saints days, Christmas and Easter when people enjoy making Easter Bonnets, which will soon be upon us.

Don't forget we meet every Friday in term time, 1.15pm - 2.30pm the Hall.

Paula Hughes

Donations for Easter Flowers to Jean please.



Tuesday Group

There are so many things to say this month! My paragraph for the February magazine seemed to disappear so I will start by looking back to November when Jean gave us a fun afternoon at Paula's making Christmas table decorations and even providing prizes for the best ones; thank you Jean. After a super Christmas lunch provided by Jane Gigner-Hollies in December, I was very grateful to Lisa for stepping in in January to give us a fascinating talk on how she divides her time between her work as a paediatrician in Manchester and giving up Sundays to help out in Church. Our February meeting fell in half term so we were very grateful to Paula for allowing us to go there again and it was interesting to hear how the work for Barn-abus is progressing. A collection for the charity was made.

On 12th March we shall be back in the church hall for our AGM. Please remember to bring £15 as our annual fee. Also I am sure Jean would appreciate it if we returned the 'saucers' she provided for the table decorations.

Happy New Year! Diana

Annual Parochial Church Meetings:-

If you haven't already done so and wish to have a report and/or accounts included in the Annual Report to the Annual Parochial Church Meetings can you please submit them as a matter of urgency or it may not get included.

officestpaulsale@gmail.com

The Annual Report does take quite a bit of time to put together.

Many thanks

Karen

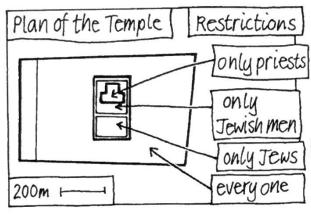
We also need an extra helper for Babes & Tots helper f

3000

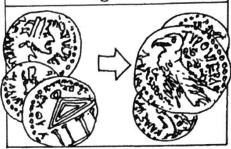
It can be read in the Bible in Mt21:12-16, MK 11:15-18, LK 19: 45-48

A short story from the Bible

When Jesus reached Jerusalem he went to the Temple, built as a place where everyone could worship God, but with restrictions...

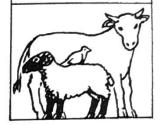


Visitors had to change their money to shekels

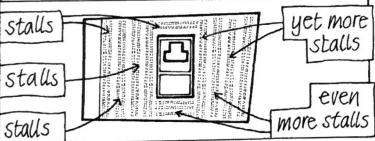


They had to buy special animals to sacrifice...

110



and the stalls filled the only place that non-Jews could come to worship God



The chief priests had no problem with this ...

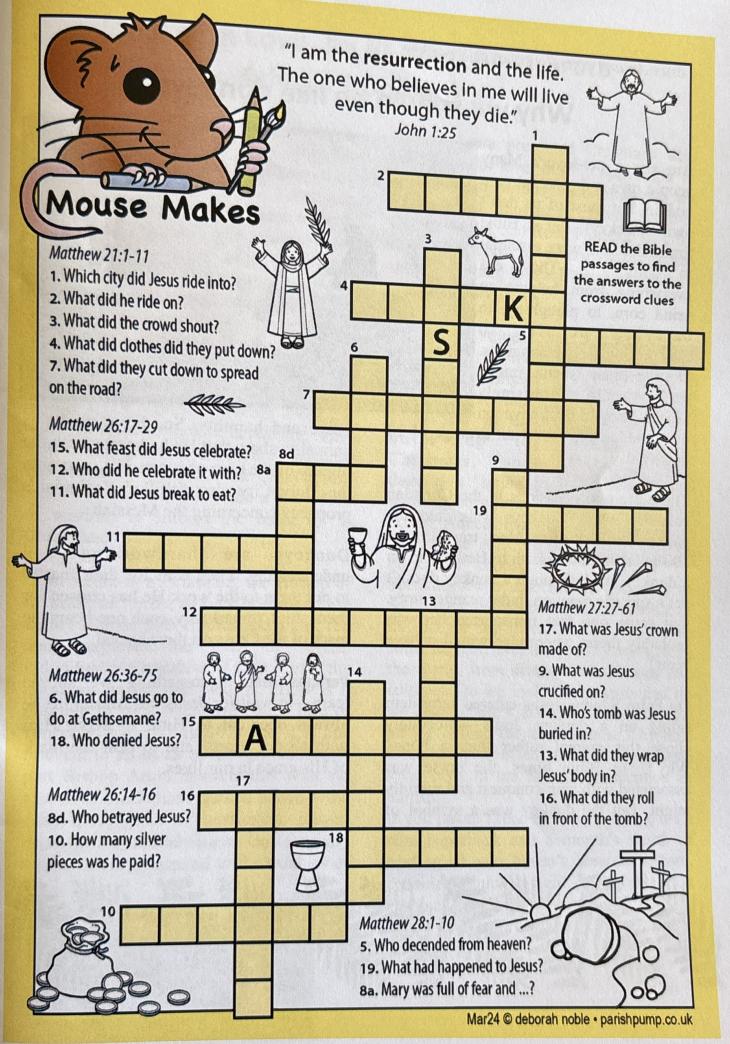


but it made Jesus very angry...









Why we should be like donkeys

Are you a pet-lover? Many people own a dog, a cat or a budgie, but most of us don't own a donkey! Yet in Bible times, donkeys were essential did daily life. They everything from helping to grind corn, to ploughing, to people, carrying transporting their belongings. Despite their small frame, surprisingly donkeys are tough. They can survive on

poor fodder, can travel an average of 20 miles a day.

There are two occasions in the Christian calendar where donkeys walk into the picture. At Christmas, Mary travelled the 100 miles from Nazareth to Bethlehem on a donkey. And although a donkey doesn't get a specific mention in the manger story, that same one that transported her was probably there; where else would it have been?

On Palm Sunday Jesus entered Jerusalem riding on a donkey. Jesus deliberately chose this animal rather than a horse. Why? In Bible times, the horse was associated with war, conquest and worldly might. But the donkey was a symbol of



peace and humility. So, Jesus used this animal to show that He had come with the dignity of the king of peace. His entry into the Holy City also fulfilled Zechariah's prophecy concerning the Messiah.

Donkeys are hardworking and undemanding. They wait for their master to put them to the work He has chosen for them. And, remarkably, each one bears the mark of the Cross on their backs!

Perhaps that is something we should learn—to wait for Jesus our Master, to be always obedient to Him, to serve Him with all our hearts, and to bear the mark of His grace in our lives.



Stick with Love, by Rt Revd Arun Arora - Advent book group.

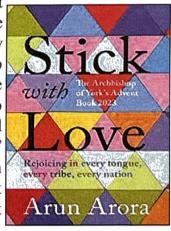
Rejoice in the Lord always, I will say it again, Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. (Philippians 4:4-7)

You will be reading this at the start of Lent but I thought it would be worth putting a few words in writing about the book we chose to look at in Advent: Stick with Love. Advent and Lent are "teaching and preparing" phases of the Church Year – and Advent books provide a daily dose of wisdom to inform the build up to Christmas.

Arun Arora is a Brummie, the Bishop of Kirkstall in Leeds, and a Christian whose family include both Hindus and Sikhs. His book explores the lives of several of One Christians. individual questions he grapples with is, "How is it possible to stick with love in the face of concerted hatred?" (p 107) and it is one relevant to all of us in this generation. In part Bishop Arora answers this with the text from Philippians quoted above - the daily discipleship of gentleness, prayer, thanksgiving and relying on God for daily needs, helps us respond to the troubles of life.

Bishop Arora presented Christians who have lived in love, despite opposition or challenges in various kinds. Examples are St John of Damascus, Leah Sharibu, George Floyd, and Revd Florence Li Tim-Oi - Christians of diverse backgrounds with something to teach us about living a life shaped by Jesus.

Beside any Advent book there is the live Advent journey we are drawn into every year in the build up to Christmas, and there is a "living" book to be written during Advent that mirrors the Advent book we choose.



Speaking as a Lancastrian incomer to Sale, Arun Arora's book led me to think of the people we meet in Sale who have come from all over the country and indeed the world, from diverse backgrounds and cultures. Do we include everyone and do we hear people's stories? Do we pray for people around the world whose Christian discipleship has led them to stick with love, even in the face of persecution or hardship?

If you haven't read Stick with Love, it's a slim paperback and a month's worth of reading. If you haven't done so before, consider joining a Lent or Advent book group and see what it brings you.

Revd Lisa

Reflecting Faith—Lychgates

On the moors near to where I used to live in West Yorkshire, there were a couple of large stones with crosses marked on them. Many people thought that they were boundary or marker stones, and in so far as they marked the way towards the oldest church in that area they were. To be more exact, they were on the route towards the oldest churchyard.

In ages past bodies were carried by hand, sometimes over long distances, and there were restrictions placed on where they could be laid to allow the bearers to rest These two stones were 'resting' stones.

When a body arrived at the church for burial, it would again be put down while the administrative formalities were carried out, and again the bearers could rest. So, a resting stone was placed at the edge or start of the consecrated land around the church.



The priest conducting the funeral would meet the cortege here, not originally out of respect, but rather to receive the required legal certificate for burial before he allowed them to enter the church grounds.

Because of typical English weather - rain and wind - it was usually sheltered, and benches were built for the bearers. There would also be a cross within the construction to signify the start of holy land. This is what today we call the 'lychgate'; lych coming from the anglo-saxon word *lich* or *lic*, related to the modern German word *leiche*, all meaning corpse.

Few old lychgates remain today, as many were destroyed or damaged after the Reformation, and most of those that survived were constructed of timber and have since decayed. In the eighteenth century, when the use for the resting stones and thus lychgates declined, many were removed and replaced with gates, often retaining the shelter as it continues to be a meeting place for the priest to receive funeral parties.

This month

Try and visit a lychgate this month and actually spend a few moments under its shelter.

Have a think about what burdens you want to lay down.?

What do you need to be sheltered from?

Pastoral Worker—RAFAC

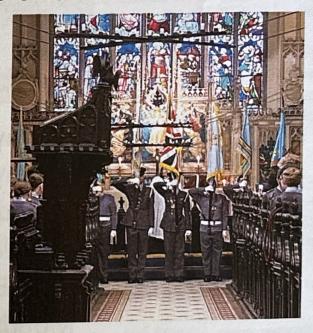


I've had a few requests to share some of what I have been doing recently with the Royal Air Force Air Cadets. On Sunday 4th February I led the service for what is commonly referred to as ATC Sunday (Air Training Corps) commemorating the start on 5th February 1941 and we had several squadrons take part in this and then following the service they to the Wing Headquarters returned building and home for 247 Ashton Squadron to be formally inspected by Mrs Diane Hawkins Greater Manchester's Lord Lieutenant who was very impressed and complimentary about the Cadets.

The service was at St Michael and All Angels' Church which is quite an unusual church building which has a 3tiered pulpit in the middle of the church and the front half of the church faces this pulpit and the back of the church. Their churchwarden (in my opinion rather foolishly) keeps encouraging me to use the middle tier

pulpit but my dynamic risk assessment says this would be a recipe for personal disaster—falling up the steps into it, even falling out of it and then there is the risks associated with coming down the steps—I do not want to give my amazing cadets any practical first aid experience and as Vicki is an EMT I doubt I would ever hear the end of any mishaps and wouldn't be trusted again!

The photos with Cadets have been 'borrowed' from one of the staff in attendance—the photo of the Banners in front of the altar I am suitably hidden behind them and shows a little of the pulpit as well. If you want to see more of what I mean I do have a few just of the pulpit—just ask me.

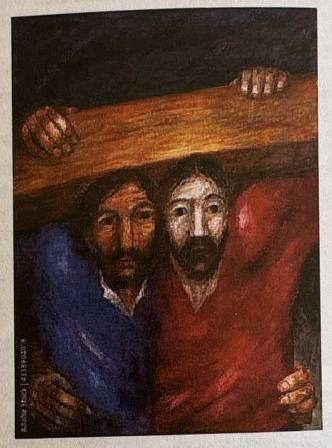


I regularly meet up with Cadets and the Adult Volunteers across Greater Manchester Wing and the conversations with them are wide ranging and varied. I am often amazed at their insights into faith and acceptance of each others faiths and those of no-faith. What a privilege to be able to walk a few steps with them in their life journey.

Karen Salisbury

St Paul's Church, Sale

Stations of the Cross 7-8pm



Monday 19th February
Monday 26th February
Monday 4th March
Monday 11th March
Monday 18th March (Experience Easter workshops)
Monday 25th March

A series of meditations, prayer and song as we journey around the church following the Stations of the Cross.

For more information please contact Becky on 07584604627 or email: revbmathewstpaulsale@gmail.com

A Christmas Gift Book Review

If you like autobiographies about famous people, albeit a medieval mystic, you may like to read the book "I Julian" by Claire Gilbert.

I'm not sure I would have chosen the book for myself but the cover was really attractive and the short reviews on the back sleeve were outstanding. One such comment from Jeremy Irons read "I was completely hooked and considerably moved by the life and thoughts of this exceptional woman". The book reduced me to tears a couple of times with its heartrending depth which is a rare happening for me when reading!

"I Julian" is the fictional autobiography of Mother Julian of Norwich interspersed with historical fact, written with great sensitivity and insight. Julian was born in the 15th century and the story describes, from Julian's perspective firstly as a small child, the tragic death of her father from bubonic plague, followed later by Julian's marriage and then the death of her beloved only daughter and yet later her husband both taken by the second plague or Black Death.

Julian was struck down by plague herself when she was aged 30 but by good fortune she survives. However, in her delirium during her illness, Julian experiences powerful religious visions, 16 in total. Julian then believes that she has been called to be an anchoress, someone who is voluntarily incarcerated in a small room attached to a church to begin a life of solitude and prayer of which she calls 'her freedom'. Her room was bricked up and attached to the church of St Julian. It had three windows, one looking into the church through which she received Communion, one window covered by a

curtain where she could give counsel to those who visited and a third window which looked out into her maid's quarters through which she could receive food.

Julian is helped by a Benedictine monk from Norwich Cathedral, called Thomas, to write of her inner experiences or visions and because of these visions she felt enabled to counsel others. People came from miles around to visit Julian and receive her counsel. Her life as a hermit gave her the time and space to draw closer and closer to God. It wasn't all plain sailing though as her counsel was sometimes at odds with the Catholic church and the expectations of society. Nevertheless, Julian remained true to her calling despite her struggles and truly believed and trusted in God who said to her "All shall be well and all shall be well and all manner of things shall be well".

Mother Julian's manuscripts were preserved and are known as "Revelations of Divine Love". The book of that name became the first known book to be written by a woman in English, published in 1670 by an English Benedictine monk. Julian's writings have been described as the fruit of prayer, of personal experience, of meditation and of love and she is thought to be one of the greatest English theologians.

Julian's overarching message heard, felt and received from God is that God is love

and that "all shall be well". A message that is just as relevant for today's disciples as it was in the 15th century.

I still have the book on my shelf if anyone would wish to borrow it?

Yvonne Kerridge Licensed Pastoral Worker



MANCHESTER BAROQUE



J.S. BACH

St. Matthew Passion BWV 244

4.30pm, Good Friday 29th March 2024

Manchester Cathedral

Manchester Baroque & Manchester Cathedral Choir

Conductor: Christopher Stokes

Leader: Pauline Nobes Evangelist: Rory Carver Jesus: Frederick Long

Tickets from £10 www.manchesterbaroque.co.uk





All hill hills in the

St Paul's Church, Springfield Rd, Sale, M33 7YA Holy Week & Easter Services 2024

Sunday 24th March Palm Sunday

10am Holy Communion with Procession & Blessing of Palm Crosses- please gather in the Church Hall 3pm Forest Church – in theChurch Garden 6pm Evening Prayer (BCP)

Monday 25th March

7pmStations of the Cross-*a reflective hour walking inside the church using contemporary images of the Stations.*

Maundy Thursday 28th March

7.30pm Holy Communion- Commemoration of the Last Supper, foot-washing & vigil.



Good Friday 29th March

2-3pmThe Last Hour - a service of readings, reflections, music & symbolic actions.

Holy Saturday 30th March

8pm Easter Vigil with renewal of baptism vows



Easter Sunday 31st March

10am Sung Parish Communion **6pm** Evening Prayer

For more information please take a look at our webpage: https://stpaulsale.co.ukor contact Vicar Becky on 0161 2178795.



Revd Peter Crumpler, a Church of England priest in St Albans, Herts, and a former communications director for the C of E.

Why saying hello is important

What lessons can Christians learn from a London rail worker who was recently honoured by King Charles, for talking 29 people out of taking their own lives?

Maybe something about the power of conversation and being willing to 'stop for a chat.'

Rizwan Javed helped to save each life over a period of eight years, by being alert and approaching vulnerable individuals in difficult situations. He was awarded an MBE in the New Year Honours earlier this year.

Rizwan was alert, and willing to engage people in conversation.

Anglican priest Jemima Prasadam's style of talking with people has been described as 'bus stop theology.' She put it into action on the half-mile walk from her home to the church in Lozells, an innercity area of West Birmingham, with high unemployment and poverty.

Her engaging approach is featured in *Stick* with Love, a recent book by Arun Arora, Bishop of Kirkstall in northern England.

She explained: "I don't go out looking to talk to people, but I am ready to do it. I don't pass anybody without saying 'Hello' and when I leave, I always say 'God bless you.' Meetings happen on a daily basis, but often only last as long as it takes for the bus to arrive.

"People often say they are not religious, but I say we are all spiritual beings, and they agree. So, I simply tell them that weak and simple people like me call that God."

Sadly, we are living in a society where conversations are being closed down. People who might have chatted on the bus

or train, are now deeply involved with their mobile phones.

Supermarkets are phasing out staffed checkout points, so that elderly people and others who live alone are deprived of those conversations that can make a difference to their day.

Jesus asked questions as a vital component of His earthly ministry. His deep conversation with the Samaritan woman at the well in John 4 begins with Him asking for a drink.

Maybe we, as Christians and churches, need to be looking out for more chances to start conversations, to give people the opportunity to open up about their lives. In our busy, rushing-around world, there are many people out there who are just longing for a chat...

Why not ring or pop round and see someone you know just for a chat TODAY



"The new vicar is really cool, Dad. Did you know that God emailed the Ten Commandments to Moses' Tablet PC?"

The Vicar's Sabbatical

Becky will be going on a 3 month sabbatical from the end of April and returning to St Paul's at the beginning of August. Sabbaticals are granted to clergy every 10 years of their ministry and with Becky's 20th anniversary of priesting this year, having not yet had a sabbatical during that time, she has been given permission to undertake time away this year. Clergy are encouraged to engage in some academic research, allow time for spiritual retreat and are given the opportunity to spend some time on wellbeing. Becky and the family will still be resident in Sale but she won't be undertaking any parish duties during this

Milliotte

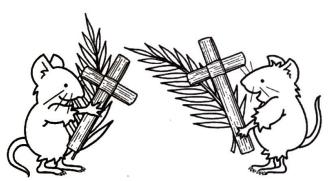
rest time.

All enquiries should be directed in the first instance to myself as the Church Warden. We are very fortunate in having the support of both Revds Margaret and Lisa, who will be joined by Revd Tom Ryan, currently NSM curate at St Alban's in Broadheath. Fr Tom will be on secondment to St Paul's for Sunday and midweek services and we are very grateful to Revd Daud and St Albans' for allowing us to borrow Fr Tom.

Yvonne Stevenson, Churchwarden

On behalf of Paul's PCC

St.



Churches Together in Sale

Met for the Annual Meeting in February and a vote of thanks was given to Michael Riley and Joan Tanner as they stepped down from their respective roles as Chair

and Secretary. Churches Together members have decided to appoint Executive committee comprising of a Convener -Helen Allen from the Life Church, a deputy Convener who is Glayne Worgan from the Methodists, Jen Cooper as the new administrator also from Life Church. The treasurer, publicity officer and 3 other individuals representing the other denominations were also voted on to be part of this new committee who will

continue to focus on the Churches Together mandate for our work in mission and ministry together.

Jean Law continues to be our Churches Together representative, so please do contact her if you'd like to know more about services and events.



"Have you a computer problem? If so, I am local and here to help..."

Here are just a few of the services I can offer

- Virus removal and health checks
- Internet & Email set up
- New computer installations
- Upgrades & repairs
- Help and advice on how to get the best out of your computer
- Back up & data recovery
- Training & support
- Laptop & computer repairs
- I can supply computers & laptops at very competitive prices and include data transfer, full set up & full guidance

Quite simply my aim is to provide an effective, quick, reliable and friendly service without unnecessary larges

I CAN SUPPLY COMPUTERS & LAPTOPS AT VERY COMPETITIVE PRICES & INCLUDE SET UP, DATA TRANSFER & GUIDANCE

DO GIVE ME A CALL NOW OR AT ANY TIME IN THE FUTURE. I AM HERE TO HELP YOU WITH ANY TECHNOLOGY PROBLEM, HOWEVER BIG OR SMALL.

STOP PRESS!!! Microsoft have now removed support for all Windows XP systems, which could affect the security of your software. If you are using XP, do give me a call for FREE & independent advice.

"Your service is very good, it is good to know someone is available to help & understands we are not all experts." G Singer, Sale "It has been a pleasure dealing with you & the service I have received is second to none." Vivian, Sale



Mel's Computer Care Ltd

Sale, Manchester, UK
Local (Sale) 0161 977 0107
Mobile 07901 553 848
Info@melscomputercare.co.uk
www.melscomputercare.co.uk

Registered in England, Reg No 7417728, Registered Office; Christian Douglas LLP, Manchester M15 4PY

Who's Who? Members of the Parochial Church Council (not mentioned on the back page)

Diana Kelly	973-4578
Carole Shakeshaft	969-6319
Carole Shakeshare	973-5121
Paula Hughes	973-0396
Joyce Green	283-7668
Eileen Craven	
Jean Law	962-6761
Fiona Vaughan-Thomas	



Mobile Chiropodist/Podiatrist 07790 326925

Providing a professional and friendly service in the comfort of your own home.

NHS EXPERIENCED

PAULA JAMES

HCPC REGISTERED MEMBER OF THE ROYAL COLLEGE OF PODIATRY

Fitzwarine House Guest house

Proprietors: Debble & Tony Walker Castle Street

Whittington Shropshire

SY11 4DF Tel: 01691 680882

All rooms en suite "Opposite Whittington Castle" www.fitzwarinehouse.co.uk



0161 976 3176 07779650931

Sunshine Window Cleaning Company The Local Reliable Window Cleaner

Cleaning the Panes, Frames and Sills using the latest water fed pole system, ensuring perfect results every time

Tricky windows and conservatory roofs handled with ease. A family run business with customer satisfaction the only priority.

> No Streaks No Smears No Hassle No Ladders

To see the difference, contact us now for prompt service. Tel 0161 9734910 Mob 07921 766022 e-mail enquiries@sunshinewindowclean.co.uk

31 Woodbourne Road M33 3SY

Viking Launderette

15 Ashton Lane Sale Tel: 0161-973-8575

Pick-Up and Delivery Service available on request

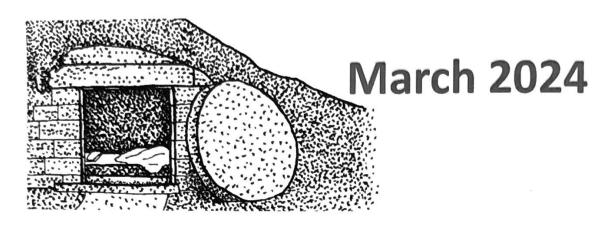


Arthur Gresty Limited Trafford Funeral Homes

24 hour personal family attention from a local company Private Chapels of Rest Tel: 0161-973-1515

ASHBROOKS

Quality Furniture, Beds and Carpets Visit our showrooms at:-16-20 Washway Road, Sale Telephone: 0161-973-3406



1 st	Friday	1.30pm	Community Choir	
3 rd	Sunday	10.00am	Parish Eucharist	
		6.00pm	Taize Evening Prayer	
4 th	Monday	7.00pm	Stations of the Cross	
5 th	Tuesday	9.30am	Babes & Tots	
6 th	Wednesday	10.00am	Communion Service (CW)	
41		7.45pm	PCC Meeting	
8 th	Friday	1.30pm	Community Choir	
10 th	Sunday	10.00am	All Age Worship	
		6.00pm	Holy Communion	
+h			Deadline for the April Parish News	
11 th	Monday	7.00pm	Stations of the Cross	
12 th	Tuesday	9.30am	Babes & Tots	
13 th	Wednesday	10.00am	Communion Service (BCP)	
15 th	Friday	1.30pm	Community Choir	
17 th	Sunday	10.00am	Parish Eucharist	
4.oth		6.00pm	Evening Prayer	
18 th	Monday	2pm	John Clisset's funeral service	
4 oth		7.00pm	Stations of the Cross–Experience Easter	
19 th	Tuesday	9.30am	Babes & Tots	
20 th 22 nd	Wednesday	10.00am	Communion Service (BCP)	
22 24 th	Friday	1.30pm	Community Choir	
	Sunday	10.00am	Parish Eucharist with Procession of Palms	
		3.00pm	Forest Church	
25 th	Monday	6.00pm	Evening Prayer	
26 th	Monday Tuesday	7.00pm	Stations of the Cross	
27 th	Wednesday	9.30am	Babes & Tots Easter Party	
27 th	Maundy Thursday	10.00am	Communion Service (BCP)	
29 th	Good Friday	7.30pm	The Last Supper and Vigil	
30 th	Saturday	2.00pm	The Last Hour	
Easter Ev	Laster Vigil and Renewal of Danties V			
31 st	Easter Sunday	10.00am		
-	Education Suriday	6.00pm	Easter Parish Eucharist	
		0.00pm	Evening Prayer	



Next Month —

3 rd	Wednesday	10.00am	Communion Service (CW)
7 th	Sunday	10.00am	Parish Eucharist
/		6.00pm	Taize Style Evening Prayer
16th	Tuesday	9.30am	Babes & Tots

Annual Parochial Church Meeting Sunday 21st April

Please check the weekly pew sheets for any service changes that may occur. Don't forget—email any articles for the Parish News to the Parish Office email address—

A reflection on The Lord's Prayer

(Matthew 6:1-18)

Our Father in heaven, please help us. We, Your children, learn slowly.

So often we say nothing when Your name is mis-used.

Often our lives do not reflect Your ways,

Mostly we do what we want on earth, And this can make heaven unimaginable.

We expect so much more than we actually need each day.

Sometimes we think we don't need forgiveness, Sometimes we think we are unforgivable,

And we forget that other people make these same errors of thinking.



When it comes to temptation, we find our own ways,

We are confused about what is and is not evil, We are confused about deliverance, We are confused.....

And here is the wonder, the grace and the mystery, That You know us completely, Our failings, our secrets, And love us forever and ever, Amen.

By Daphne Kitching



	St.	Paul's Parish Directory Yvonne Stevenson	*	07946 644214
Churchwar	dens:	Vacant	*	962-4066
Secretary t	to the PCC: to the PCC: Music:	Yvonne Kerridge Karen Salisbury Joe Blaney Karen Salisbury Anne Allen Kevin Drury	* asurerstpa * *	283-8309 ulsale@gmail.com 283-8309 01925-763103 962-7963
Assistant Organists: Safeguarding Officer Parish Giving Officer: Electoral Roll Officer: Parish News Editor: Bible Reading Fellowship: Men's Society: Women's Tuesday Group: St. Paul's Babes & Tots Tower Warden: Christian Aid: Children's Society Rep: Church Hall Bookings: 4 th Sale Central (St. Paul's) Rainboy	Donald Brooks Carole Shakeshaft Brian Kerridge Yvonne Stevenson Karen Salisbury Rachel Lee Rodney Hadwen Hilary Moore Rachel Lee lan Moore Anita Evans Sheila Clarke Contact via the Parish Office	* * * * *	969-6319 962-4066 283-1065 283-8309 973-1282	
		*	969-1831 973-1282 0787-670-6834 973-4679 962-4678	
			07986 525898	
Vicar: Email:		Revd. Becky Mathew revbmath Revd. Dr Lisa Redfern (Forest	newstpauls	/ 07584 604627 ale@gmail.com
Associate N	viinisters:	neva. Dr. Margaret lones		973-7790

Parish Office

962-0082

973-7790

217-8795

Parish Office e-mail

officestpaulsale@gmail.com

Names above marked with * are members of the Parochial Church Council. Please note that Vicar Becky is part-time and her working hours are flexible so she might not be able to reply or respond immediately to your calls and emails. Please leave an answerphone message.

Revd. Dr Margaret Jones

Revd. Shemil Mathew

Parish Organisations affiliated to St Paul's

The following groups meet in St Paul's Church Hall unless otherwise stated.

9.30am-11am Tuesday 1.15pm

St. Paul's Babes & Tots (school term time)

Women's Tuesday Group (2nd of every month)

6.15pm

4th Sale Central (St. Paul's) Brownies

7.30pm

4th Sale Central (St. Paul's) Guides

Friday

1.30pm-2.30pm Community Choir (school term time)

5.30pm

2nd Sale Central Rainbows