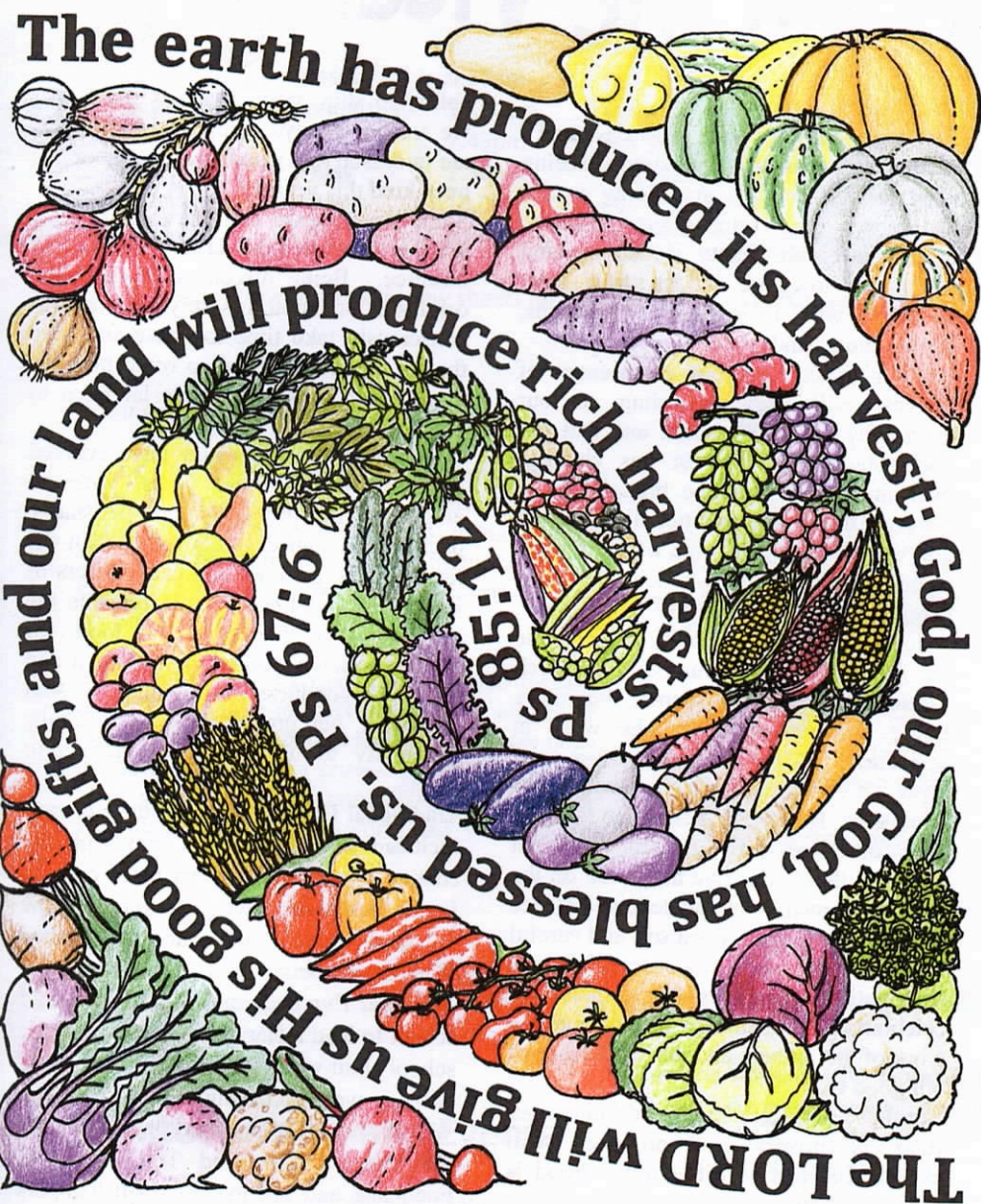


October 2022



Sale, St. Paul's

Suggested donation

'Serving God and the community'

50p



# From the Vicarage....

Dear Friends,

I try to go out for a walk most days and I love at this time of year simply seeing what hidden delights are hiding in the hedgerows- discovering sweet chestnuts, the red jewel-like beauty of rose-hips and down the tow-path hidden fruit trees abundant with their fruits - damsons, apples, plums and pears.

It's fair to say that our experiences of Harvest will vary according to our geography and background, and that our understanding of Harvest has changed over time. As someone brought up in rural Staffordshire, traditionally, Harvest was and is still is a time of hard work bringing in the crops which had been carefully tended throughout the summer, followed by the opportunity to celebrate the fruits of those labours with a church service and a Harvest supper. For those living in rural areas, or who work in agriculture, and to an extent those who grow produce in their gardens or allotments, Harvest will continue to mean much the same. Growing produce is not easy and those who live and work on the land very much know the delicate balance of the right weather, good soil and careful timing which results in a successful crop. A bountiful Harvest is a true cause for celebration and thanksgiving, for both the work of the farmers and the providence of our good God.

But those of us less connected to how our food is grown and produced will experience Harvest differently. Food is generally bought in a shop, which little real knowledge of those whose energies have gone into producing it. With the

ability to ship produce across the globe, we are not always bound by what crops are in season and whether the weather has been kind this year.

Some have argued that Harvest Festivals are less relevant these days. However, I'd disagree. Being disconnected from the origins of our food, it's very important to consciously take time to pause and give thanks for the food we so often take for granted and those who have laboured to produce it.

Our Harvest Festivals may have evolved quite a bit in recent years, with an emphasis on bringing non-perishable packets and tinned goods rather than the fat marrows, potatoes and cauliflowers of yesteryear, but the principle remains the same: to give thanks for our food, for those who have worked to produce it and for God's goodness in providing it. And of course, our proper response to God's generosity to us is to be generous to others.

Traditional Harvest Festivals have always included sharing and this year with the cost of living, this is even more critical. Local foodbanks have been running low on food already and our own Pantry Shelves are being used more frequently. This year I've been invited to Springfield school to lead a Harvest assembly and the school choir will be joining us for Harvest All-Age worship on Sunday 16<sup>th</sup> October. We will be collecting food once again for the Mustard Tree and Trafford South Foodbank and making up small hampers for the housebound and elderly. During the next winter months whenever

possible, we hope to try and have a simple Sunday lunch club - soup and sandwiches. If you have a talent for soup-making or know of a local retailer who might like to support this project please do get in touch. We hope we can play our part in offering a warm welcome and hot food provision.

Yours in faith,  
Rev Becky



### Foodbank Shopping List:

Thank you so much for supporting Harvest 2022. Your donations will be given to the Mustard Tree and local Foodbanks. Please check the best before dates and that packaging is complete.

COFFEE TEA RICE  
GLUTEN-FREE ITEMS  
INSTANT MASH  
TINNED ITEMS-

*Meatballs, soup, spaghetti, vegetables,  
fruit, fish, rice-pudding*

CUSTARD CORDIAL  
PASTA SAUCE JAM,  
TREATS, CHOCOLATES ETC  
PET FOOD ANTIBACTERIAL  
CLEANING SPRAY/CLOTHS  
WASHING POWDER / LIQUID  
TOILETRIES

## Tuesday Group

In September, Mike Swindley gave us a very instructional talk on the hierarchy of the legal system in England from the Supreme Court down to the local Magistrates' Courts.

On 11th October Peter Green will be telling us about 'Christians at street level'.

I look forward to seeing you all then.

Diana

## Parishes face soaring bills for energy

Many churches have seen energy prices soar to hitherto unimaginable heights in recent months as a result of the cost of living crisis.

Some examples:

- a church in Andover whose bill went from £70 a month to £1,000 a month – and could rise to £4,000 a month during the coming winter months.
- a church in Wendover whose bills have gone from £8,248 a year to £22,500 a year.

But they are only two among thousands of churches across the UK who this autumn are desperately looking at how to make savings. Ideas range from the installation of LED lights, to turning the heating down so low that all midweek and community use of the building is suspended and worship moved to homes or alternative premises, to putting insulation into the church hall. The PCC is aware of our current energy costs and it may become both prudent and necessary for us over the winter to switch to using the Hall for our worship— details of which will be communicated to you.



# Bible Bite

## A short story from the Bible

It can be read in the Bible in  
John chapter 2 verses 1 to 10

Jesus, his mother, and his disciples were  
guests at a family wedding in Cana. The bride-  
groom was responsible for the food and drink.

The wedding feasts  
went on for days



Then the wine ran out...



The bridegroom and his family would be  
shamed for life, and perhaps even sued!

Mary noticed...



Jesus, they've run  
out of wine!

So why are you telling  
me?



But Mary wasn't put off.

She told the servants



Do whatever he tells you.

Fill those six jars to the top  
with water



The water was for the special  
washing of hands before meals

and each jar held  
about 100 litres



Now take some out and  
serve it to the toast-  
master



He tried it...



...then he called to  
the bridegroom..



Most people serve the best wine  
first, then the rest later, but...

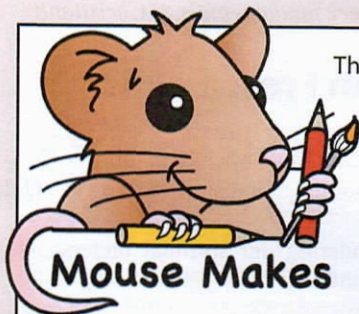
...this is the best wine  
I've ever tasted!



Impressive!







## Mouse Makes

The New Testament has **four gospels**, **twenty one epistles** and the book of Revelation.

The **epistles** are a collection of **letters** that were written by the apostles to the early Christians, they contain teaching, instruction, advice and encouragement.

The Apostle **Paul** is thought to have written **thirteen** of the **epistles**...



Look in your Bible to see who wrote the other eight and who they were written to.

How many people does Paul send greetings to at the end of his letter to the Romans?

.....

The word **epistle** comes from the Greek word **epistolé** which means *letter or message*

Which are the longest epistles?

.....

DID YOU KNOW...?

At the time of the New Testament letters were written on scrolls

Which is the shortest epistle?

.....

How many chapters does it have?

.....

How many chapters do they have?

.....

G A L A T I A N S J A M E S E J S  
W A E D I S P E T E R A P T L O C  
R O T E T B A W R I T E H I R H R  
I P T M U O U S P H I L E M O N O  
T H E S S A L O N I A N S O M D L  
C O R I N T H I A N S N I T A J L  
S P H I L I P P I A N S A H N U S  
M C O L O S S I A N S A N Y S D P  
H E B R E W S H W E P I S T L E O

EPISTLE • LETTER • ROMANS • CORINTHIANS • GALATIANS • EPHESIANS  
PHILIPPIANS • COLOSSIANS • THESSALONIANS • TIMOTHY • TITUS • PHILEMON  
HEBREWS • JAMES • PETER • JOHN • JUDE • PAUL • SCROLL • WRITE

## Christian Basics : How can I resist evil?

With Halloween coming up, we shouldn't forget that Satan's existence is assumed throughout the Bible and Jesus prayed *'deliver us from the evil one'* (Lord's Prayer). Paul adds: *'For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms'* (Ephesians 6:12).

The spiritual world directly affects the physical, when evil powers oppose God's work. However, God is sovereign and evil can only operate as He permits. We cannot blame Satan for our own wrong choices! *'There are two equal and opposite errors into which our race can fall into about devils. One is to disbelieve in their existence. The other is to believe, and to feel an excessive and unhealthy interest in them.'* (CS Lewis).



"Never mind, let's just be happy that Baz came to church in the first place."

How does Satan operate in our lives?

By spoiling God's work in us (John 10:10)

By hindering our spiritual understanding (2 Corinthians 4:4)

By sowing doubts into our minds (Matthew 4:3,6)

By tempting us to break God's law (Genesis 3:6)

How do we resist evil? On the cross Jesus secured victory over Satan, *'And having disarmed the powers and authorities, He made a public spectacle of them, triumphing over them by the cross'* (Col 2:15). Although Satan is still active today, his power is broken and he will be destroyed when Jesus returns. In the present we should put God first in our lives: *'Submit yourselves, then, to God. Resist the devil, and he will flee from you'* (James 4:7). Making Jesus our Lord, gets Satan on the run!!

*'There is no neutral ground in the universe: every square inch, every split second, is claimed by God and counter-claimed by Satan'* (CS Lewis).

Don't forget your photo  
or picture of your  
favourite animal or pet  
on Sunday 2<sup>nd</sup> October





## HYMN: The story behind ...

### O God, our help in ages past

O God, our help in ages past,  
Our hope for years to come,  
Our shelter from the stormy blast,  
And our eternal home!

Under the shadow of Thy throne  
Still may we dwell secure;  
Sufficient is Thine arm alone,  
And our defense is sure...

A thousand ages in Thy sight  
Are like an evening gone;  
Short as the watch that ends the night,  
Before the rising sun.

Isaac Watts (1674 – 1748) is often called the 'Father of English hymnody'. Certainly, before his hymns came along, congregational singing was a tedious business.

Watts was born in July 1674 in Southampton. (At the time of his birth, his father, an educated deacon in a dissenting Congregational church, was briefly in prison for his non-conformist beliefs.) As a boy, Watts showed outstanding ability with language (learning Greek, Hebrew, Latin and French). He also had an unusual ability for easy rhyming in English. (At the age of five, when scolded for giggling in family prayers, it was because he had seen a mouse on the bell-rope, and instantly composed the line: *'There was a mouse, for want of stairs, ran up a rope to say his prayers!'*)

Watts' literary ability, combined with his interest in theology, made him very unhappy with the congregational singing of the day, which focused almost entirely

on strict metrical versions of the psalms. One Sunday after church, Isaac complained to his father about this. His father challenged him to write something better. Though only 18, Watts accepted the challenge, and produced his first hymn – which was duly sung the following Sunday.

It was such a success that he wrote new hymn texts every Sunday for the next two years. In all, he went on to write more than 600 hymns. Some of them are still well-loved today: from this one, 'O God,

## JESUS

If I could package faith into one parcel  
And collect all hope into a single can –  
If I could roll all love into one heart-ball  
And commoditise it in a living man  
I'd already have a fully detailed label  
Prepared before the world itself began -  
And it would have one name -  
And that name – JESUS -  
At the centre of God's universal plan  
To take the world along the course  
God's surge of love provoked  
Till wholeness flows through everything  
With God's Spirit of life yoked.

*By Sam Doubtfire*

## **\*\*STOP PRESS\*\***

**St Paul's will be celebrating it's  
140<sup>th</sup> Anniversary next year.  
Any ideas as to how to celebrate  
please get in touch with Vicar  
Becky and the Churchwardens.**

**Harvest Giving**—please bring along to  
Sunday services:  
**Sunday 2<sup>nd</sup> October**— Tinned goods  
**Sunday 9<sup>th</sup> October**— Pasta, Tea Coffee



**ST PAUL'S CHURCH**  
**SUNDAY 16TH OCT**  
**10AM ALL AGE HARVEST**  
**WITH SPRINGFIELD**  
**SCHOOL CHOIR**  
**ALL WELCOME**



Please bring along your Harvest  
donations







At 6pm on Sunday 18th September we were privileged to led a special service of Commemoration and Thanksgiving for the life of HM Queen Elizabeth II with Trafford Metropolitan Borough Council who also kindly took care of the refreshments after the service. It was wonderful to welcome some additional

choristers from nearby churches and we even had Paddington Bear come along too to pay his respects!

The service was live-streamed and can be viewed via St Paul's Facebook page. A reading from Revelation 21:1-7 was read by Trafford Mayor Councillor Chris Boyes and Deputy Lieutenant of Greater Manchester Dr Faye Bruce read the poem 'Floral Tribute' by the poet laureate Simon Armitage. There were a number of our local councillors in attendance along with members of staff from Trafford Council, representatives from GirlGuiding and the Scout Association, Armed Forces Representatives, Springfield School and GMP Police.

This service took place on the eve of the State Funeral which was live-streamed in the Church Hall the next day.



*Photos copyright Trafford Metropolitan Borough Council taken by Breige Cobane*

## Reflected Faith Series : the Cross in our churches

I recently read a web article which was wondering if Christians actually need a 'cross' in our church buildings; or indeed if they were unhelpful in our worship. The major argument against having one, it seems, was that it could become the focus of our worship, and it is not okay to worship idols.

To me this argument is nonsensical. The cross is a graphic reminder of what Jesus Christ has done for us in His death. No one in their senses would dream of worshipping a cross itself, as it was the most humiliating and debasing form of capital punishment – it was a means of gruesome execution.

Christians use crosses in churches to remind people of just how far Jesus was prepared to go to rescue us from what St Paul called 'the dominion of darkness'.

So this Sunday, why not have a look around your local church building, and count how many crosses there are?

I would expect there to be 'hidden' crosses where the building was consecrated, and also under the altar itself. There will also be various paperwork, service books, sheets and hymnals which all have the sign of the cross on their covers.

Perhaps you have candle holders with crosses sculptured into them. And in most Protestant churches you will see a cross on or above the altar table itself.

Many processions of choir and clergy will be led by a raised cross bearer. And in churches where the Bible is processed into the nave for reading during a service, a cross is also carried.

People turn to face these processions as they travel without necessarily understanding which part they are facing: the Cross, the Bible or the Person?

The answer is – we follow the Word of God – the Bible – *not* the cross.

The same is true in any procession. We stand to honour the clergy in their role as Christ's servants, not the cross which may be held aloft before them.



### *This month*

Have a look around your church building – both inside and outside for crosses. What materials are they made from? How extravagant or glamorous are they? Are they Crosses (an 'empty' cross) or Crucifixes (this has a representation of Christ hanging on the cross)?

How do they aid you in your worship and how much do they reflect your faith?



# M33 FOREST CHURCH FAITH IN NATURE

MEETS AT ST PAUL'S CHURCH EVERY  
MONTH

Please contact Becky for dates and times either on 07584604627 or email [revbmawhewstpaulsale@gmail.com](mailto:revbmawhewstpaulsale@gmail.com) or St Paul's church facebook page.



The first session of  
M33 Forest Church  
will be on  
**Sunday 9<sup>th</sup> October.**  
**2-4pm**

Meeting outside the  
church at the accessible  
entrance on the car-  
park side.

***Please dress for the  
weather!***

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LIVE LIFE TO THE FULL?**  
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FEEL HAPPIER?  
BE MORE RELAXED?  
RESPOND BETTER TO WORRIES  
AND UPSETTING THOUGHTS?

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TO ATTEND ONE OF  
THE UK'S MOST  
USED LIFE SKILLS  
PROGRAMMES**

**Time/Date:**

**Cost:**

**Location:**

**Contact:**

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Want to know what makes you feel the way you do? This enjoyable session will help you understand your feelings and how to manage them.

**2. DOING THINGS THAT MAKE YOU FEEL BETTER**

Discover how to plan to build pleasant, enjoyable, and relaxing activities into your life, and start to feel great again!

**3. LOOKING AT THINGS DIFFERENTLY**

Unhelpful thoughts can make you feel and act badly when you don't want to. Learn how to stop them in your tracks.

**4. HOW TO FIT ALMOST EVERYTHING**

This amazing session reveals the top 4 Step Plans - that help millions of people for thousands of people.

**5. BUILDING INNER CONFIDENCE**

How can we feel more confident? This session teaches you how to become yourself in a more confident and assertive way.

**6. THE THINGS YOU DON'T WANT TO DO THAT YOU DO FEEL ALONE**

Unhelpful thoughts can make you feel and act badly when you don't want to. Learn how to stop them in your tracks.

**7. OPTIONAL MEDITATION SESSION**

The optional session teaches meditation and how to use it to help you feel more relaxed.

For members of the public, newcomers and volunteers

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## Help needed!

The Parochial Church Council and Church Wardens continue to seek a volunteer to undertake the role of Treasurer for St Paul's.

Our former treasurer resigned from the post at the Annual meeting after many years of service for which we are very grateful.

A job description is available on request and on the noticeboard at the back of church.

We will need you to commit to attending regular PCC meetings and presenting an overview of the church finances as well as being the first contact person for finance related enquiries. Safer recruitment protocols apply. Please have a chat with Vicar Becky or the Churchwardens for more information.

# "Have you a computer problem?

If so, I am local and here to help..."

Here are just a few of the services I can offer

- Virus removal and health checks
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- Upgrades & repairs
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- Back up & data recovery
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DO GIVE ME A CALL NOW OR AT ANY TIME IN THE FUTURE. I AM HERE TO HELP YOU WITH ANY TECHNOLOGY PROBLEM, HOWEVER BIG OR SMALL.

**STOP PRESS!!!** Microsoft have now removed support for all Windows XP systems, which could affect the security of your software. If you are using XP, do give me a call for FREE & independent advice.

*"Your service is very good, it is good to know someone is available to help & understands we are not all experts."*

*G Singer, Sale*

*"It has been a pleasure dealing with you & the service I have received is second to none."*

*Vivian, Sale*



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## Who's Who? Members of the Parochial Church Council (not mentioned on the back page)

Diana Kelly	973-4578
Carole Shakeshaft	969-6319
Paula Hughes	973-5121
Joyce Green	973-0396
Jean Law	962-6761
Fiona Vaughan-Thomas	
Amanda Pearson	

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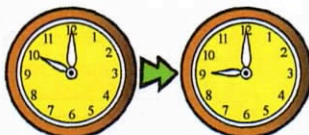
# October

# 2022



2 <sup>nd</sup> October	Sunday	10.00am	Parish Eucharist
<b>Trinity 16 / Animal Welfare Sunday</b>		6.00pm	Taizé Style Evening Prayer
4 <sup>th</sup> October	Tuesday	9.30am	Babes & Tots
5 <sup>th</sup> October	Wednesday	10.00am	Midweek Communion (CW)
7 <sup>th</sup> October	Friday	1.30pm	Community Choir
9 <sup>th</sup> October	Sunday	10.00am	Parish Eucharist
<b>Trinity 17 / Homelessness Sunday</b>		2.00pm	M33 Forest Church ( <i>see page 11</i> )
		6.00pm	Evening Prayer
11 <sup>th</sup> October	Tuesday	9.30am	Babes & Tots
		1.15pm	Tuesday Group
12 <sup>th</sup> October	Wednesday	10.00am	Midweek Communion
14 <sup>th</sup> October	Friday	1.30pm	Community Choir
16 <sup>th</sup> October	Sunday	10.00am	All Age Harvest Service
<b>Harvest Festival</b>		6.00pm	Evening Prayer
<b>Deadline for the November Parish News</b>			
19 <sup>th</sup> October	Wednesday	10.00am	Midweek Communion
20 <sup>th</sup> October	Thursday	7.30pm	RSCM Area Festival Rehearsal
23 <sup>rd</sup> October	Sunday	10.00am	Parish Eucharist
<b>Last After Trinity</b>		6.00pm	Evening Prayer
25 <sup>th</sup> October	Tuesday	9.30am	No Babes & Tots (Half Term)
26 <sup>th</sup> October	Wednesday	10.00am	Midweek Communion
28 <sup>th</sup> October	Friday	1.30pm	Community Choir
29 <sup>th</sup> October	Saturday	4.30pm	RSCM Festival Evensong at Chester Cathedral
30 <sup>th</sup> October	Sunday	10.00am	Parish Eucharist
<b>All Souls'</b>		5.00pm	Commemoration of the Faithful Departed.

*Clocks go back this morning*





## Next Month:-

1 <sup>st</sup> November	Tuesday	9.30am	Babes & Tots
2 <sup>nd</sup> November	Wednesday	10.00am	Midweek Communion (CW)
		7.45pm	PCC Meeting
4 <sup>th</sup> November	Friday	1.30pm	Community Choir
6 <sup>th</sup> November	Sunday	10.00am	Parish Eucharist
		6.00pm	Taize Style Evening Prayer

*Please check the weekly pew sheets for any service changes that may occur.*

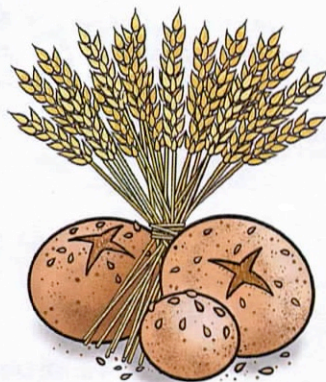
Loving, Creator God,

Thank you for your wonderful creation. In these days of concern about climate change and the damage caused by modern lifestyles and choices, help us to be more aware. Help us to make good choices. Help us to be good stewards of Your creation.

You are so generous Lord. You provide for us – more than enough to meet the needs of all people. Help us to play our part in making sure there is fair distribution of all Your provision. Help us to reflect Your generosity, Your compassion, Your justice. Help us to care for Your world and Your precious children.

In Jesus name,  
Amen

*By Daphne Kitching*



## St Paul's Christmas Tree Festival

Running alongside the Santa's Grotto will take place the weekend of Saturday 16<sup>th</sup> and Sunday 17<sup>th</sup> December.

Christmas Fundraiser  
Volunteers Required!

## Future Dates and Events

Remembrance Sunday	Sunday 13 <sup>th</sup> November
Carols by Candlelight	Sunday 18 <sup>th</sup> December

## St. Paul's Parish Directory

<b>Vicar:</b>	Rev. Becky Mathew	217-8795 / 07584 604627
<b>Email:</b>	revbmathegstpaulsale@gmail.com	
Associate Ministers:	Rev. Dr Margaret Jones	* 973-7790
	Rev. Shemil Mathew	217-8795
Churchwardens:	Yvonne Stevenson	* 283-1065
	Yvonne Kerridge	* 962-4066
Reader:	Michael Riley	* 969-2795
Pastoral Workers:	Yvonne Kerridge	* 962-4066
	Karen Salisbury	* 283-8309
Treasurer to the PCC:	Vacant (Contact the Parish Office)	
Secretary to the PCC:	Karen Salisbury	* 283-8309
Director of Music:	Anne Allen	* 01925-763103
Assistant Organists:	John Clisset	962-2096
	Kevin Drury	962-7963
	Donald Brooks	
Safeguarding Officer	Carole Shakeshaft	* 969-6319
Parish Giving Officer	Brian Kerridge	* 962-4066
Electoral Roll Officer:	Yvonne Stevenson	* 283-1065
Parish News Editor:	Karen Salisbury	* 283-8309
Bible Reading Fellowship:	Rachel Lee	* 973-1282
Men's Society:	Michael Riley	* 969-2795
Women's Tuesday Group:	Hilary Moore	* 969-1831
St. Paul's Babes & Tots	Rachel Lee	* 973-1282
Tower Warden:	Ian Moore	0787-670-6834
Christian Aid:	Anita Evans	973-4679
Children's Society Rep:	Sheila Clarke	962-4678
Church Hall Bookings:	Contact via the Parish Office	
4 <sup>th</sup> Sale Central (St. Paul's) Rainbows, Brownies & Guides	Vicky Williams	07986 525898

### Parish Office

07986 525898

**962-0082**

### Parish Office e-mail

**salestpaul@aol.com**

*Names above marked with \* are members of the Parochial Church Council. Please note that **Vicar Becky** is part-time and her working hours are flexible so she might not be able to reply or respond immediately to your calls and emails.*

### Parish Organisations affiliated to St Paul's

*The following groups meet in St Paul's Church Hall unless otherwise stated.*

<b>Tuesday</b>	9.30am-11am	St. Paul's Babes & Tots (school term time)
	1.15pm	Women's Tuesday Group (2 <sup>nd</sup> of every month)
	6.15pm	4 <sup>th</sup> Sale Central (St. Paul's) Brownies
	7.30pm	4 <sup>th</sup> Sale Central (St. Paul's) Guides
<b>Wednesday</b>		
<b>Thursday</b>	9.30am-11am	St. Paul's Babes & Tots ( <i>currently not meeting</i> )
	7.30pm	Chorister Training and Choir Practice
	8.00pm	Men's Society (last of every month Sept to May but not Dec)
<b>Friday</b>	1.30pm-2.30pm	Community Choir (school term time)
	5.30pm	4 <sup>th</sup> Sale Central (St Paul's) Rainbows
<b>Saturday</b>		