Welcome to The Pantry Shelves

You'll have a noticed a set of shelves has been created in the Hall corridor that are holding a variety of packaged food and toiletry products. We may not be to offer much, but if you are finding yourself needing a little bit of assistance during the week, perhaps you've had children at home unexpectedly or have had higher than usual bills, please do take away items that you can use. There is no charge, but we just ask you to 'pay it forward' so if you are able to make a donation at a later time that would be great.

If you're able to make a donation either packaged long-life items or toiletries towards the Pantry Shelves please leave in the donations box so we can just check best before dates before it goes on the shelves. Please don't donate unwrapped items or open goods as we can't use them.

The following may be donated, please note we have very limited storage space:

Pasta, Tinned meat/vegetables/soup, Cook-in sauces, packaged noodles, rice, Tea/Coffee, Cereal. Toothpaste, Shampoo, Sanitary products, nappies, deodorant, soap.

If you need assistance with financial budgeting, please don't forget the CAP debt advice centre is free and can offer help and support.

Our local CAP advisor is: Debbie Walters Centre Manager - Sale Christians Against Poverty 07895 612711

With our prayers, St Paul's Church- contact Vicar Becky 0161 2178795, email: <u>revbmathewstpaulsale@gmail.com</u> or DM via the St Paul's Sale facebook page.